

Pos'n.	Name Club start time	total distance stage length	Grange	Treeton	Harthill	Woodsetts	Firbeck	Maltby	Old Denaby	Finish
			17.4 km 17.4	27.7 km 10.3	39.7 km 12	49.1 km 9.4	58.2 km 9.1	64.7 km 6.5	76 km 11.3	81.1 km 5.1
1	Ian Symington Macclesfield Harriers 7:00	Time & posn	1:20 (2)	2:10 (2)	3:16 (4)	4:04 (3)	4:49 (3)	5:19 (1)	6:15 (1)	6:47 (1)
		Stage & change	1:20	0:50 (=)	1:06 (-2)	0:48 (+1)	0:45 (=)	0:30 (+2)	0:56 (=)	0:32 (=)
		min/km & rank	4:35 (2)	4:51 (1)	5:30 (12)	5:06 (2)	4:56 (1)	4:36 (1)	4:57 (1)	6:19 (11)
2	Ian Bishop Royton Road Runners 7:00	Time & posn	1:15 (1)	2:05 (1)	3:06 (1)	3:55 (1)	4:43 (1)	5:19 (1)	6:21 (2)	6:50 (2)
		Stage & change	1:15	0:50 (=)	1:01 (=)	0:49 (=)	0:48 (=)	0:36 (-1)	1:02 (-1)	0:29 (=)
		min/km & rank	4:18 (1)	4:51 (5)	5:05 (2)	5:12 (3)	5:16 (3)	5:32 (2)	5:29 (4)	5:41 (1)
3	Kevin Doyle Kimberworth Striders 7:00	Time & posn	1:20 (2)	2:15 (6)	3:14 (2)	4:00 (2)	4:47 (2)	5:23 (3)	6:24 (3)	6:53 (3)
		Stage & change	1:20	0:55 (-4)	0:59 (+4)	0:46 (=)	0:47 (=)	0:36 (-1)	1:01 (=)	0:29 (=)
		min/km & rank	4:35 (2)	5:20 (7)	4:55 (1)	4:53 (1)	5:09 (2)	5:32 (2)	5:23 (3)	5:42 (2)
4	Martin Beale 7:00	Time & posn	1:22 (8)	2:16 (8)	3:20 (8)	4:12 (6)	5:01 (4)	5:38 (4)	6:44 (4)	7:14 (4)
		Stage & change	1:22	0:54 (=)	1:04 (=)	0:52 (+2)	0:49 (+2)	0:37 (=)	1:06 (=)	0:30 (=)
		min/km & rank	4:42 (8)	5:14 (6)	5:20 (5)	5:31 (8)	5:23 (4)	5:41 (4)	5:50 (7)	6:02 (4)
5	Dan Shrimpton 7:00	Time & posn	1:20 (2)	2:10 (2)	3:15 (3)	4:06 (4)	5:03 (6)	5:42 (6)	6:47 (5)	7:17 (5)
		Stage & change	1:20	0:50 (=)	1:05 (-1)	0:51 (-1)	0:57 (-2)	0:39 (=)	1:05 (+1)	0:30 (=)
		min/km & rank	4:35 (2)	4:51 (1)	5:25 (8)	5:25 (5)	6:15 (20)	6:00 (7)	5:45 (6)	6:02 (5)
6	Jim Rogers 7:00	Time & posn	1:25 (10)	2:20 (9)	3:24 (9)	4:18 (8)	5:10 (7)	5:49 (7)	6:57 (6)	7:30 (6)
		Stage & change	1:25	0:55 (+1)	1:04 (=)	0:54 (+1)	0:52 (+1)	0:39 (=)	1:08 (+1)	0:33 (=)
		min/km & rank	4:53 (10)	5:20 (10)	5:20 (5)	5:44 (10)	5:42 (5)	6:00 (7)	6:01 (9)	6:32 (16)
7	Kevin Perry 7:00	Time & posn	1:20 (2)	2:15 (6)	3:16 (4)	4:15 (7)	5:10 (7)	5:49 (7)	6:58 (7)	7:33 (7)
		Stage & change	1:20	0:55 (-4)	1:01 (+2)	0:59 (-3)	0:55 (=)	0:39 (=)	1:09 (=)	0:35 (=)
		min/km & rank	4:35 (2)	5:20 (7)	5:05 (2)	6:16 (16)	6:02 (14)	6:00 (7)	6:06 (11)	6:52 (28)
8	Andrew James Newbury Athletics Club 7:00	Time & posn	1:28 (16)	2:28 (20)	3:35 (17)	4:30 (13)	5:24 (13)	6:04 (14)	7:04 (10)	7:33 (8)
		Stage & change	1:28	1:00 (-4)	1:07 (+3)	0:55 (+4)	0:54 (=)	0:40 (-1)	1:00 (+4)	0:29 (+2)
		min/km & rank	5:03 (16)	5:49 (19)	5:35 (16)	5:51 (12)	5:56 (11)	6:09 (11)	5:18 (2)	5:52 (3)
9	David Jelley Ripon Runners Club 7:00	Time & posn	1:25 (10)	2:20 (9)	3:24 (9)	4:18 (8)	5:10 (7)	5:49 (7)	6:58 (7)	7:34 (9)
		Stage & change	1:25	0:55 (+1)	1:04 (=)	0:54 (+1)	0:52 (+1)	0:39 (=)	1:09 (=)	0:36 (-2)
		min/km & rank	4:53 (10)	5:20 (10)	5:20 (5)	5:44 (10)	5:42 (5)	6:00 (7)	6:06 (11)	7:08 (40)
10	Alan Lucker Bowland Fell Runners 7:00	Time & posn	1:28 (16)	2:23 (12)	3:28 (12)	4:19 (10)	5:11 (10)	5:54 (10)	7:04 (10)	7:35 (10)
		Stage & change	1:28	0:55 (+4)	1:05 (=)	0:51 (+2)	0:52 (=)	0:43 (=)	1:10 (=)	0:31 (=)
		min/km & rank	5:03 (16)	5:20 (7)	5:25 (8)	5:25 (5)	5:42 (8)	6:36 (17)	6:11 (13)	6:13 (9)
11	Simon Walker 7:00	Time & posn	1:20 (2)	2:10 (2)	3:16 (4)	4:06 (4)	5:01 (4)	5:41 (5)	6:59 (9)	7:36 (11)
		Stage & change	1:20	0:50 (=)	1:06 (-2)	0:50 (=)	0:55 (=)	0:40 (-1)	1:18 (-4)	0:37 (-2)
		min/km & rank	4:35 (2)	4:51 (1)	5:30 (12)	5:19 (4)	6:02 (14)	6:09 (12)	6:54 (34)	7:16 (43)
12	Bill Watson Haddington East Lothian Pace 7:00	Time & posn	1:27 (15)	2:23 (12)	3:27 (11)	4:19 (10)	5:12 (11)	5:54 (10)	7:04 (10)	7:37 (12)
		Stage & change	1:27	0:56 (+3)	1:04 (+1)	0:52 (+1)	0:53 (-1)	0:42 (+1)	1:10 (=)	0:33 (-2)
		min/km & rank	5:00 (15)	5:26 (12)	5:20 (4)	5:31 (9)	5:49 (9)	6:27 (14)	6:11 (13)	6:33 (17)
13	Robert Hall-McNair Hinckley Rc 7:00	Time & posn	1:28 (16)	2:25 (14)	3:30 (14)	4:31 (15)	5:24 (13)	6:03 (13)	7:06 (13)	7:39 (13)
		Stage & change	1:28	0:57 (+2)	1:05 (=)	1:01 (-1)	0:53 (+2)	0:39 (=)	1:03 (=)	0:33 (=)
		min/km & rank	5:03 (16)	5:32 (14)	5:25 (8)	6:29 (24)	5:49 (10)	6:00 (6)	5:34 (5)	6:39 (20)
14	Ben Paviour 7:00	Time & posn	1:28 (16)	2:30 (24)	3:35 (17)	4:26 (12)	5:18 (12)	5:59 (12)	7:17 (14)	7:54 (14)
		Stage & change	1:28	1:02 (-8)	1:05 (+7)	0:51 (+5)	0:52 (=)	0:41 (=)	1:18 (-2)	0:37 (=)
		min/km & rank	5:03 (16)	6:01 (27)	5:25 (11)	5:25 (5)	5:42 (5)	6:18 (13)	6:54 (38)	7:23 (54)
15	Jim Mann Durham Fell Runners 7:00	Time & posn	1:20 (2)	2:10 (2)	3:16 (4)	4:34 (18)	5:39 (20)	6:23 (21)	7:29 (16)	8:00 (15)
		Stage & change	1:20	0:50 (=)	1:06 (-2)	1:18 (-14)	1:05 (-2)	0:44 (-1)	1:06 (+5)	0:31 (+1)
		min/km & rank	4:35 (2)	4:51 (1)	5:30 (12)	8:17 (113)	7:08 (53)	6:46 (22)	5:50 (7)	6:05 (6)
16	Helen Skelton Mercia Fell Runners 7:00	Time & posn	1:25 (10)	2:25 (14)	3:37 (20)	4:43 (24)	5:37 (18)	6:20 (18)	7:29 (16)	8:00 (16)
		Stage & change	1:25	1:00 (-4)	1:12 (-6)	1:06 (-4)	0:54 (+6)	0:43 (=)	1:09 (+2)	0:31 (=)
		min/km & rank	4:53 (10)	5:49 (21)	6:00 (23)	7:01 (46)	5:56 (11)	6:36 (17)	6:06 (10)	6:06 (7)
17	Martin Dietrich North York Moors Ac 7:00	Time & posn	1:28 (16)	2:25 (14)	3:34 (15)	4:30 (13)	5:26 (15)	6:09 (15)	7:22 (15)	8:02 (17)
		Stage & change	1:28	0:57 (+2)	1:09 (-1)	0:56 (+2)	0:56 (-2)	0:43 (=)	1:13 (=)	0:40 (-2)
		min/km & rank	5:03 (16)	5:32 (14)	5:45 (18)	5:57 (13)	6:09 (17)	6:36 (17)	6:27 (20)	7:59 (85)
18	Geoff Holburt LDWA 7:00	Time & posn	1:29 (25)	2:30 (24)	3:41 (24)	4:41 (22)	5:37 (18)	6:20 (18)	7:31 (18)	8:05 (18)
		Stage & change	1:29	1:01 (+1)	1:11 (=)	1:00 (+2)	0:56 (+4)	0:43 (=)	1:11 (=)	0:34 (=)
		min/km & rank	5:06 (25)	5:55 (22)	5:55 (22)	6:22 (20)	6:09 (17)	6:36 (17)	6:16 (18)	6:42 (21)
19	Kevin Hoult Stadium Runners 7:00	Time & posn	1:30 (29)	2:32 (27)	3:47 (29)	4:50 (30)	5:45 (27)	6:22 (20)	7:33 (19)	8:05 (18)
		Stage & change	1:30	1:02 (+2)	1:15 (-2)	1:03 (-1)	0:55 (+3)	0:37 (+7)	1:11 (+1)	0:32 (+1)
		min/km & rank	5:10 (29)	6:01 (27)	6:15 (37)	6:42 (30)	6:02 (14)	5:41 (4)	6:16 (16)	6:19 (12)
20	Roger Taylor Stone Master Marathoners 7:00	Time & posn	1:28 (16)	2:25 (14)	3:35 (17)	4:31 (15)	5:29 (17)	6:16 (16)	7:39 (20)	8:10 (20)
		Stage & change	1:28	0:57 (+2)	1:10 (-3)	0:56 (+2)	0:58 (-2)	0:47 (+1)	1:23 (-4)	0:31 (=)
		min/km & rank	5:03 (16)	5:32 (14)	5:50 (21)	5:57 (13)	6:22 (24)	7:13 (45)	7:20 (56)	6:14 (10)
21	Andrew Fletcher 7:00	Time & posn	1:30 (29)	2:32 (27)	3:45 (27)	4:45 (25)	5:43 (23)	6:25 (22)	7:42 (21)	8:16 (21)
		Stage & change	1:30	1:02 (+2)	1:13 (=)	1:00 (+2)	0:58 (+2)	0:42 (+1)	1:17 (+1)	0:34 (=)
		min/km & rank	5:10 (29)	6:01 (27)	6:05 (30)	6:22 (20)	6:22 (30)	6:27 (14)	6:48 (29)	6:48 (25)
22	Colm McCoy Lincoln Wellington 7:00	Time & posn	1:33 (35)	2:35 (34)	3:48 (35)	4:47 (28)	5:44 (26)	6:28 (24)	7:42 (21)	8:16 (22)
		Stage & change	1:33	1:02 (+1)	1:13 (-1)	0:59 (+7)	0:57 (+2)	0:44 (+2)	1:14 (+3)	0:34 (-1)
		min/km & rank	5:20 (35)	6:01 (33)	6:05 (26)	6:16 (16)	6:15 (21)	6:46 (22)	6:32 (22)	6:49 (26)
23	Graham Henry Portobello 7:00	Time & posn	1:29 (25)	2:28 (20)	3:37 (20)	4:40 (19)	5:42 (22)	6:29 (26)	7:45 (23)	8:19 (23)
		Stage & change	1:29	0:59 (+5)	1:09 (=)	1:03 (+1)	1:02 (-3)	0:47 (-4)	1:16 (+3)	0:34 (=)
		min/km & rank	5:06 (25)	5:43 (18)	5:45 (18)	6:42 (30)	6:48 (44)	7:13 (39)	6:43 (26)	6:48 (24)
24	Øyvind Lund Raumar Orientering 7:00	Time & posn	1:28 (16)	2:28 (20)	3:41 (24)	4:47 (28)	5:50 (32)	6:37 (31)	7:49 (25)	8:25 (24)
		Stage & change	1:28	1:00 (-4)	1:13 (-4)	1:06 (-4)	1:03 (-4)	0:47 (+1)	1:12 (+6)	0:36 (+1)
		min/km & rank	5:03 (16)	5:49 (19)	6:05 (30)	7:01 (46)	6:55 (45)	7:13 (39)	6:22 (19)	7:07 (39)
25	Victoria Mousley Accrington Road Runners 7:00	Time & posn	1:26 (13)	2:28 (20)	3:43 (26)	4:46 (26)	5:45 (27)	6:31 (27)	7:50 (26)	8:25 (25)
		Stage & change	1:26	1:02 (-7)	1:15 (-6)	1:03 (=)	0:59 (-1)	0:46 (=)	1:19 (+1)	0:35 (+1)
		min/km & rank	4:56 (13)	6:01 (27)	6:15 (37)	6:42 (30)	6:29 (31)	7:04 (32)	6:59 (40)	6:57 (29)
26	Simon Cox 7:00	Time & posn	1:39 (61)	2:42 (43)	3:55 (37)	4:51 (32)	5:49 (29)	6:33 (28)	7:50 (26)	8:25 (26)
		Stage & change	1:39	1:03 (+18)	1:13 (+6)	0:56 (+5)	0:58 (+3)	0:44 (+1)	1:17 (+2)	0:35 (=)
		min/km & rank	5:41 (61)	6:06 (34)	6:05 (30)	5:57 (13)	6:22 (24)	6:46 (22)	6:48 (29)	6:58 (34)
27	Ross Litherland Macclesfield Harriers 7:00	Time & posn	1:29 (25)	2:30 (24)	3:37 (20)	4:40 (19)	5:39 (20)	6:26 (23)	7:48 (24)	8:27 (27)
		Stage & change	1:29	1:01 (+1)	1:07 (+4)	1:03 (+1)	0:59 (-1)	0:47 (-3)	1:22 (-1)	0:39 (-3)
		min/km & rank	5:06 (25)	5:55 (22)	5:35 (16)	6:42 (30)	6:29 (31)	7:13 (39)	7:15 (53)	7:40 (75)
=	Andreas Carlsen 7:00	Time & posn	1:24 (9)	2:25 (14)	3:37 (20)	4:42 (23)	5:43 (23)	6:28 (24)	7:50 (26)	8:27 (27)
		Stage & change	1:24	1:01 (-5)	1:12 (-6)	1:05 (-3)	1:01 (=)	0:45 (-1)	1:22 (-2)	0:37 (-1)
		min/km & rank	4:49 (9)	5:55 (22)	6:00 (23)	6:54 (41)	6:42 (40)	6:55 (29)	7:15 (53)	7:17 (44)
29	Richard Ruston 7:00	Time & posn	1:31 (33)	2:32 (27)	3:47 (29)	4:51 (32)	5:51 (33)	6:37 (31)	7:55 (30)	8:27 (29)
		Stage & change	1:31	1:01 (+6)	1:15 (-2)	1:04 (-3)	1:00 (-1)	0:46 (+2)	1:18 (+1)	0:32 (+1)
		min/km & rank	5:13 (33)	5:55 (22)	6:15 (37)	6:48 (40)	6:35 (36)	7:04 (32)	6:54 (38)	6:24 (14)

Pos'n.	Name Club start time	total distance stage length	Grange 17.4 km 17.4	Treeton 27.7 km 10.3	Harthill 39.7 km 12	Woodsetts 49.1 km 9.4	Firbeck 58.2 km 9.1	Maltby 64.7 km 6.5	Old Denaby 76 km 11.3	Finish 81.1 km 5.1
30	Karen Nash Preston Harriers 7:00	Time & posn Stage & change min/km & rank	1:39 (61) 1:39 5:41 (61)	2:42 (43) 1:03 (+18) 6:06 (34)	4:05 (54) 1:23 (-11) 6:55 (67)	5:06 (46) 1:01 (+8) 6:29 (24)	6:00 (38) 0:54 (+8) 5:56 (11)	6:42 (36) 0:42 (+2) 6:27 (14)	7:56 (31) 1:14 (+5) 6:32 (22)	8:30 (30) 0:34 (+1) 6:50 (27)
31	Rachel Hill 7:00	Time & posn Stage & change min/km & rank	1:29 (25) 1:29 5:06 (25)	2:32 (27) 1:03 (-2) 6:06 (34)	3:47 (29) 1:15 (-2) 6:15 (37)	4:52 (35) 1:05 (-6) 6:54 (42)	5:52 (34) 1:00 (+1) 6:35 (36)	6:37 (31) 0:45 (+3) 6:55 (29)	7:56 (31) 1:19 (=) 6:59 (40)	8:31 (31) 0:35 (=) 6:58 (31)
=	Cat Lawson Rossendale Harr. 7:00	Time & posn Stage & change min/km & rank	1:28 (16) 1:28 5:03 (16)	2:35 (34) 1:07 (-18) 6:30 (58)	3:47 (29) 1:12 (+5) 6:00 (23)	4:52 (35) 1:05 (-6) 6:54 (42)	5:52 (34) 1:00 (+1) 6:35 (36)	6:37 (31) 0:45 (+3) 6:55 (29)	7:56 (31) 1:19 (=) 6:59 (40)	8:31 (31) 0:35 (=) 6:58 (31)
=	Martin Huddleston Stadium Runners 7:00	Time & posn Stage & change min/km & rank	1:30 (29) 1:30 5:10 (29)	2:32 (27) 1:02 (+2) 6:01 (27)	3:47 (29) 1:15 (-2) 6:15 (37)	4:50 (30) 1:03 (-1) 6:42 (30)	5:49 (29) 0:59 (+1) 6:29 (31)	6:37 (31) 0:48 (-2) 7:23 (46)	7:56 (31) 1:19 (=) 6:59 (40)	8:31 (31) 0:35 (=) 6:58 (31)
34	Shane Rice 7:00	Time & posn Stage & change min/km & rank	1:26 (13) 1:26 4:56 (13)	2:22 (11) 0:56 (+2) 5:26 (12)	3:29 (13) 1:07 (-2) 5:35 (15)	4:31 (15) 1:02 (-2) 6:35 (29)	5:28 (16) 0:57 (-1) 6:15 (21)	6:18 (17) 0:50 (-1) 7:41 (57)	7:51 (29) 1:33 (-12) 8:13 (104)	8:32 (34) 0:41 (-5) 8:03 (92)
35	Fraser Hirst 7:00	Time & posn Stage & change min/km & rank	1:39 (61) 1:39 5:41 (61)	2:42 (43) 1:03 (+18) 6:06 (34)	3:55 (37) 1:13 (+6) 6:05 (30)	4:57 (38) 1:02 (-1) 6:35 (28)	6:01 (40) 1:04 (-2) 7:01 (51)	6:48 (40) 0:47 (=) 7:13 (38)	8:04 (38) 1:16 (+2) 6:43 (26)	8:37 (35) 0:33 (+3) 6:35 (18)
36	William Harris Shropshire Shufflers 7:00	Time & posn Stage & change min/km & rank	1:37 (47) 1:37 5:34 (47)	2:45 (57) 1:08 (-10) 6:36 (67)	4:01 (51) 1:16 (+6) 6:20 (46)	5:04 (42) 1:03 (+9) 6:42 (30)	6:00 (38) 0:56 (+4) 6:09 (17)	6:46 (38) 0:46 (=) 7:04 (37)	8:04 (38) 1:18 (=) 6:54 (34)	8:37 (36) 0:33 (+2) 6:37 (19)
37	David Pryce 7:00	Time & posn Stage & change min/km & rank	1:28 (16) 1:28 5:03 (16)	2:25 (14) 0:57 (+2) 5:32 (14)	3:34 (15) 1:09 (-1) 5:45 (18)	4:40 (19) 1:06 (-4) 7:01 (46)	5:43 (23) 1:03 (-4) 6:55 (45)	6:34 (30) 0:51 (-7) 7:50 (65)	8:02 (36) 1:28 (-6) 7:47 (78)	8:38 (37) 0:36 (-1) 7:12 (42)
38	Gregory Crowley Dark Peak FR 7:00	Time & posn Stage & change min/km & rank	1:33 (35) 1:33 5:20 (35)	2:38 (36) 1:05 (-1) 6:18 (44)	3:52 (36) 1:14 (=) 6:10 (35)	4:51 (32) 0:59 (+4) 6:16 (16)	5:49 (29) 0:58 (+3) 6:22 (24)	6:33 (28) 0:44 (+1) 6:46 (22)	7:58 (35) 1:25 (-7) 7:31 (64)	8:40 (38) 0:42 (-3) 8:14 (105)
39	Pat Rooney Kimberworth Striders 7:00	Time & posn Stage & change min/km & rank	1:38 (53) 1:38 5:37 (53)	2:42 (43) 1:04 (+10) 6:12 (40)	3:57 (41) 1:15 (+2) 6:15 (37)	4:57 (38) 1:00 (+3) 6:22 (20)	5:54 (36) 0:57 (+2) 6:15 (21)	6:42 (36) 0:48 (=) 7:23 (46)	8:03 (37) 1:21 (-1) 7:10 (46)	8:46 (39) 0:43 (-2) 8:30 (117)
40	Darren Graham Todmorden Harriers 7:00	Time & posn Stage & change min/km & rank	1:31 (33) 1:31 5:13 (33)	2:32 (27) 1:01 (+6) 5:55 (22)	3:45 (27) 1:13 (=) 6:05 (30)	4:46 (26) 1:01 (+1) 6:29 (24)	5:55 (37) 1:09 (-11) 7:34 (70)	6:46 (38) 0:51 (-1) 7:50 (70)	8:13 (40) 1:27 (-2) 7:41 (71)	8:49 (40) 0:36 (=) 7:09 (41)
41	Richard Howcroft Rotherham Harriers 7:00	Time & posn Stage & change min/km & rank	1:38 (53) 1:38 5:37 (53)	2:42 (43) 1:04 (+10) 6:12 (40)	3:59 (49) 1:17 (-6) 6:25 (48)	5:04 (42) 1:05 (+7) 6:54 (42)	6:02 (42) 0:58 (=) 6:22 (24)	6:49 (41) 0:47 (+1) 7:13 (39)	8:13 (40) 1:24 (+1) 7:26 (58)	8:51 (41) 0:38 (-1) 7:38 (70)
=	Richard Thorpe 7:00	Time & posn Stage & change min/km & rank	1:37 (47) 1:37 5:34 (47)	2:42 (43) 1:05 (+4) 6:18 (44)	3:58 (45) 1:16 (-2) 6:20 (46)	5:04 (42) 1:06 (+3) 7:01 (46)	6:02 (42) 0:58 (=) 6:22 (24)	6:49 (41) 0:47 (+1) 7:13 (39)	8:13 (40) 1:24 (+1) 7:26 (58)	8:51 (41) 0:38 (-1) 7:38 (70)
=	Lee Knight 7:00	Time & posn Stage & change min/km & rank	1:37 (47) 1:37 5:34 (47)	2:42 (43) 1:05 (+4) 6:18 (44)	3:57 (41) 1:15 (+2) 6:15 (37)	5:04 (42) 1:07 (-1) 7:07 (56)	6:02 (42) 0:58 (=) 6:22 (24)	6:49 (41) 0:47 (+1) 7:13 (39)	8:13 (40) 1:24 (+1) 7:26 (58)	8:51 (41) 0:38 (-1) 7:38 (70)
44	Garry Scott 7:00	Time & posn Stage & change min/km & rank	1:30 (29) 1:30 5:10 (29)	2:32 (27) 1:02 (+2) 6:01 (27)	3:47 (29) 1:15 (-2) 6:15 (37)	4:54 (37) 1:07 (-8) 7:07 (56)	6:01 (40) 1:07 (-3) 7:21 (59)	6:56 (44) 0:55 (-4) 8:27 (98)	8:23 (47) 1:27 (-3) 7:41 (71)	8:54 (44) 0:31 (+3) 6:11 (8)
45	Ivan Sadlier 7:00	Time & posn Stage & change min/km & rank	1:37 (47) 1:37 5:34 (47)	2:42 (43) 1:05 (+4) 6:18 (44)	3:56 (40) 1:14 (+3) 6:10 (35)	4:57 (38) 1:01 (+2) 6:29 (24)	6:06 (45) 1:09 (-7) 7:34 (72)	6:56 (44) 0:50 (+1) 7:41 (63)	8:18 (44) 1:22 (=) 7:15 (49)	8:55 (45) 0:37 (-1) 7:20 (51)
=	Hannah Shields City Of Derry Spartans 7:00	Time & posn Stage & change min/km & rank	1:37 (47) 1:37 5:34 (47)	2:42 (43) 1:05 (+4) 6:18 (44)	3:57 (41) 1:15 (+2) 6:15 (37)	4:57 (38) 1:00 (+3) 6:22 (20)	6:06 (45) 1:09 (-7) 7:34 (72)	6:56 (44) 0:50 (+1) 7:41 (63)	8:18 (44) 1:22 (=) 7:15 (49)	8:55 (45) 0:37 (-1) 7:20 (51)
47	Julian Brown Macclesfield Harriers 7:00	Time & posn Stage & change min/km & rank	1:33 (35) 1:33 5:20 (35)	2:42 (43) 1:09 (-8) 6:41 (88)	4:11 (57) 1:29 (-14) 7:25 (94)	5:18 (58) 1:07 (-1) 7:07 (52)	6:25 (59) 1:07 (-1) 7:21 (59)	7:11 (57) 0:46 (+2) 7:04 (32)	8:25 (50) 1:14 (+7) 6:32 (21)	8:57 (47) 0:32 (+3) 6:22 (13)
=	Paul White Killamarsh Kestrels 7:00	Time & posn Stage & change min/km & rank	1:33 (35) 1:33 5:20 (35)	2:38 (36) 1:05 (-1) 6:18 (44)	3:55 (37) 1:17 (-1) 6:25 (48)	5:08 (48) 1:13 (-11) 7:45 (88)	6:13 (47) 1:05 (+1) 7:08 (54)	7:07 (47) 0:54 (=) 8:18 (89)	8:18 (44) 1:11 (+3) 7:16 (16)	8:57 (47) 0:39 (-3) 7:44 (76)
49	Alastair Lawson Steel City Striders 7:00	Time & posn Stage & change min/km & rank	1:41 (69) 1:41 5:48 (69)	2:48 (64) 1:07 (+5) 6:30 (58)	4:11 (57) 1:23 (+7) 6:55 (65)	5:18 (58) 1:07 (-1) 7:07 (52)	6:18 (50) 1:00 (+8) 6:35 (39)	7:07 (47) 0:49 (+3) 7:32 (48)	8:23 (47) 1:16 (=) 6:43 (24)	8:57 (49) 0:34 (-2) 6:47 (23)
50	Andy Cole 7:00	Time & posn Stage & change min/km & rank	1:39 (61) 1:39 5:41 (61)	2:45 (57) 1:06 (+4) 6:24 (56)	4:11 (57) 1:26 (=) 7:10 (75)	5:14 (52) 1:03 (+5) 6:42 (30)	6:21 (55) 1:07 (-3) 7:21 (59)	7:07 (47) 0:46 (+8) 7:04 (32)	8:23 (47) 1:16 (=) 6:43 (24)	8:59 (50) 0:36 (-3) 7:05 (35)
51	Robert Lawcock 7:00	Time & posn Stage & change min/km & rank	1:44 (83) 1:44 5:58 (83)	3:00 (77) 1:16 (+6) 7:22 (94)	4:13 (66) 1:13 (+11) 6:05 (26)	5:16 (55) 1:03 (+11) 6:42 (37)	6:18 (50) 1:02 (+5) 6:48 (42)	7:07 (47) 0:49 (+3) 7:32 (48)	8:29 (54) 1:22 (-7) 7:15 (49)	9:06 (51) 0:37 (+3) 7:26 (58)
=	Michael Mattison Kippax Harr. 7:00	Time & posn Stage & change min/km & rank	1:44 (83) 1:44 5:58 (83)	3:00 (77) 1:16 (+6) 7:22 (94)	4:13 (66) 1:13 (+11) 6:05 (26)	5:16 (55) 1:03 (+11) 6:42 (37)	6:18 (50) 1:02 (+5) 6:48 (42)	7:07 (47) 0:49 (+3) 7:32 (48)	8:29 (54) 1:22 (-7) 7:15 (49)	9:06 (51) 0:37 (+3) 7:26 (58)
53	Andrew Coulthurst Pink & Blacks 7:00	Time & posn Stage & change min/km & rank	1:33 (35) 1:33 5:20 (35)	2:38 (36) 1:05 (-1) 6:18 (44)	3:58 (45) 1:20 (-9) 6:40 (52)	5:07 (47) 1:09 (-2) 7:20 (70)	6:20 (53) 1:13 (-6) 8:01 (103)	7:14 (59) 0:54 (-6) 8:18 (89)	8:38 (56) 1:24 (+3) 7:26 (58)	9:13 (53) 0:35 (+3) 6:57 (30)
54	Josh Whiteley Stainland Lions 7:00	Time & posn Stage & change min/km & rank	1:38 (53) 1:38 5:37 (53)	2:45 (57) 1:07 (-4) 6:30 (58)	4:12 (61) 1:27 (-4) 7:15 (80)	5:20 (63) 1:08 (-2) 7:14 (65)	6:23 (56) 1:03 (+7) 6:55 (45)	7:07 (47) 0:44 (+9) 6:46 (22)	8:27 (52) 1:20 (-5) 7:04 (44)	9:13 (54) 0:46 (-2) 9:09 (143)
=	David Cremins North East Marathon Club 7:00	Time & posn Stage & change min/km & rank	1:38 (53) 1:38 5:37 (53)	2:45 (57) 1:07 (-4) 6:30 (58)	4:12 (61) 1:27 (-4) 7:15 (80)	5:20 (63) 1:08 (-2) 7:14 (65)	6:23 (56) 1:03 (+7) 6:55 (45)	7:07 (47) 0:44 (+9) 6:46 (22)	8:27 (52) 1:20 (-5) 7:04 (44)	9:13 (54) 0:46 (-2) 9:09 (143)
56	Nick Ham Stockport Harr. 7:00	Time & posn Stage & change min/km & rank	1:38 (53) 1:38 5:37 (53)	2:45 (57) 1:07 (-4) 6:30 (58)	4:11 (57) 1:26 (=) 7:10 (75)	5:18 (58) 1:07 (-1) 7:07 (52)	6:25 (59) 1:07 (-1) 7:21 (59)	7:14 (59) 0:49 (=) 7:32 (48)	8:38 (56) 1:24 (+3) 7:26 (58)	9:14 (56) 0:36 (-2) 7:07 (38)
57	Ian Coldicott Skipton Ac 7:00	Time & posn Stage & change min/km & rank	1:41 (69) 1:41 5:48 (69)	3:01 (87) 1:20 (-18) 7:46 (132)	4:22 (76) 1:21 (+11) 6:45 (55)	5:30 (78) 1:08 (-2) 7:14 (61)	6:40 (75) 1:10 (+3) 7:41 (75)	7:32 (70) 0:52 (+5) 8:00 (72)	8:42 (60) 1:10 (+10) 6:11 (13)	9:15 (57) 0:33 (+3) 6:31 (15)
58	Gary Groves Kimberworth Striders 7:00	Time & posn Stage & change min/km & rank	1:39 (61) 1:39 5:41 (61)	2:42 (43) 1:03 (+18) 6:06 (34)	4:03 (53) 1:21 (-10) 6:45 (60)	5:10 (50) 1:07 (+3) 7:07 (52)	6:16 (49) 1:06 (+1) 7:15 (57)	7:08 (55) 0:52 (-6) 8:00 (72)	8:25 (50) 1:17 (+5) 6:48 (28)	9:15 (58) 0:50 (-8) 9:53 (165)

Pos'n.	Name Club start time	total distance stage length	Grange	Treeton	Harthill	Woodsetts	Firbeck	Maltby	Old Denaby	Finish
			17.4 km 17.4	27.7 km 10.3	39.7 km 12	49.1 km 9.4	58.2 km 9.1	64.7 km 6.5	76 km 11.3	81.1 km 5.1
59	Jonathan Steele Tadcaster Harriers 7:00	Time & posn	1:39 (61)	3:00 (77)	4:13 (66)	5:17 (57)	6:20 (53)	7:13 (58)	8:42 (60)	9:20 (59)
		Stage & change	1:39	1:21 (-16)	1:13 (+11)	1:04 (+9)	1:03 (+4)	0:53 (-5)	1:29 (-2)	0:38 (+1)
		min/km & rank	5:41 (61)	7:51 (138)	6:05 (26)	6:48 (39)	6:55 (49)	8:09 (80)	7:52 (84)	7:27 (60)
60	Beverley Sutton Valley Hill Runners 7:00	Time & posn	1:43 (76)	2:50 (67)	4:12 (61)	5:19 (61)	6:26 (61)	7:16 (61)	8:46 (62)	9:20 (60)
		Stage & change	1:43	1:07 (+9)	1:22 (+6)	1:07 (=)	1:07 (=)	0:50 (-)	1:30 (-1)	0:34 (+2)
		min/km & rank	5:55 (76)	6:30 (58)	6:50 (61)	7:07 (56)	7:21 (59)	7:41 (57)	7:57 (89)	6:43 (22)
61	David Gillian Abbey Runners 7:00	Time & posn	1:33 (35)	2:38 (36)	3:58 (45)	5:08 (48)	6:14 (48)	7:07 (47)	8:39 (58)	9:25 (61)
		Stage & change	1:33	1:05 (-1)	1:20 (-9)	1:10 (-3)	1:06 (=)	0:53 (+1)	1:32 (-11)	0:46 (-3)
		min/km & rank	5:20 (35)	6:18 (44)	6:40 (52)	7:26 (76)	7:15 (55)	8:09 (87)	8:08 (97)	8:04 (139)
=	Ian Gall Valley Hill Runners 7:00	Time & posn	1:43 (76)	2:50 (67)	4:12 (61)	5:19 (61)	6:26 (61)	7:16 (61)	8:47 (63)	9:25 (61)
		Stage & change	1:43	1:07 (+9)	1:22 (+6)	1:07 (=)	1:07 (=)	0:50 (-)	1:31 (-2)	0:38 (+2)
		min/km & rank	5:55 (76)	6:30 (58)	6:50 (61)	7:07 (56)	7:21 (59)	7:41 (57)	8:03 (91)	7:30 (63)
=	Kevin Linehan Highgate Harriers 7:00	Time & posn	1:47 (97)	3:01 (87)	4:29 (91)	5:28 (72)	6:33 (65)	7:16 (61)	8:49 (64)	9:25 (61)
		Stage & change	1:47	1:14 (+10)	1:28 (-4)	0:59 (+19)	1:05 (+7)	0:43 (+4)	1:33 (-3)	0:36 (+3)
		min/km & rank	6:08 (97)	7:11 (82)	7:20 (87)	6:16 (19)	7:08 (52)	6:36 (17)	8:13 (104)	7:07 (37)
=	Simon Gregory Killamarsh Kestrels 7:00	Time & posn	1:33 (35)	2:38 (36)	3:57 (41)	5:14 (52)	6:24 (58)	7:10 (56)	8:40 (59)	9:25 (61)
		Stage & change	1:33	1:05 (-1)	1:19 (-5)	1:17 (-11)	1:10 (-6)	0:46 (+2)	1:30 (-3)	0:45 (-2)
		min/km & rank	5:20 (35)	6:18 (44)	6:35 (50)	8:11 (106)	7:41 (77)	7:04 (32)	7:57 (89)	8:53 (128)
65	Emma Baker Hunters Bog Trotters 6:00	Time & posn	1:51 (111)	3:05 (104)	4:34 (93)	5:44 (87)	6:45 (79)	7:29 (68)	8:50 (67)	9:26 (65)
		Stage & change	1:51	1:14 (+7)	1:29 (+11)	1:10 (+6)	1:01 (+8)	0:44 (+11)	1:21 (+1)	0:36 (+2)
		min/km & rank	6:22 (111)	7:11 (82)	7:25 (90)	7:26 (76)	6:42 (40)	6:46 (22)	7:10 (46)	7:05 (36)
66	Carl Baker Peel Road Runners 7:00	Time & posn	1:47 (97)	3:03 (94)	4:27 (86)	5:35 (80)	6:34 (67)	7:23 (64)	8:49 (64)	9:26 (66)
		Stage & change	1:47	1:16 (+3)	1:24 (+8)	1:08 (+6)	0:59 (+13)	0:49 (+3)	1:26 (=)	0:37 (-2)
		min/km & rank	6:08 (97)	7:22 (94)	7:00 (71)	7:14 (65)	6:29 (31)	7:32 (48)	7:36 (67)	7:20 (46)
=	Clive Robinson Peel Road Runners 7:00	Time & posn	1:47 (97)	3:03 (94)	4:27 (86)	5:35 (80)	6:34 (67)	7:23 (64)	8:49 (64)	9:26 (66)
		Stage & change	1:47	1:16 (+3)	1:24 (+8)	1:08 (+6)	0:59 (+13)	0:49 (+3)	1:26 (=)	0:37 (-2)
		min/km & rank	6:08 (97)	7:22 (94)	7:00 (71)	7:14 (65)	6:29 (31)	7:32 (48)	7:36 (67)	7:20 (46)
68	John Owen 7:00	Time & posn	1:47 (97)	3:01 (87)	4:22 (76)	5:28 (72)	6:34 (67)	7:28 (66)	8:51 (68)	9:32 (68)
		Stage & change	1:47	1:14 (+10)	1:21 (+11)	1:06 (+4)	1:06 (+5)	0:54 (+1)	1:23 (-2)	0:41 (=)
		min/km & rank	6:08 (97)	7:11 (82)	6:45 (55)	7:01 (46)	7:15 (55)	8:18 (89)	7:20 (56)	8:10 (98)
69	Paul Fauset Dark Peak Fell Runners 7:00	Time & posn	1:38 (53)	2:42 (43)	4:01 (51)	5:10 (50)	6:28 (63)	7:32 (70)	8:57 (69)	9:31 (69)
		Stage & change	1:38	1:04 (+10)	1:19 (-8)	1:09 (+1)	1:18 (-13)	1:04 (-7)	1:25 (+1)	0:38 (=)
		min/km & rank	5:37 (53)	6:12 (40)	6:35 (51)	7:20 (69)	8:34 (133)	9:50 (174)	7:31 (64)	7:33 (65)
=	Andrea Stimson 7:00	Time & posn	1:39 (61)	2:48 (64)	4:17 (74)	5:27 (70)	6:40 (75)	7:33 (75)	8:57 (69)	9:35 (69)
		Stage & change	1:39	1:09 (-3)	1:29 (-11)	1:10 (+4)	1:13 (-5)	0:53 (=)	1:24 (+6)	0:38 (=)
		min/km & rank	5:41 (61)	6:41 (70)	7:25 (90)	7:26 (79)	8:01 (102)	8:09 (80)	7:26 (58)	7:33 (65)
71	Steve Smedley 7:00	Time & posn	1:43 (76)	2:50 (67)	4:14 (69)	5:28 (72)	6:32 (64)	7:31 (69)	8:57 (69)	9:37 (71)
		Stage & change	1:43	1:07 (+9)	1:24 (-2)	1:14 (-3)	1:04 (+8)	0:59 (-5)	1:26 (=)	0:40 (-2)
		min/km & rank	5:55 (76)	6:30 (58)	7:00 (69)	7:52 (90)	7:01 (50)	9:04 (130)	7:36 (66)	7:54 (81)
72	Robert Lovegrove Trail Runners Assoc. 7:00	Time & posn	1:46 (95)	3:01 (87)	4:22 (76)	5:27 (70)	6:42 (78)	7:33 (75)	9:00 (73)	9:38 (72)
		Stage & change	1:46	1:15 (+8)	1:21 (+5)	1:05 (+6)	1:15 (-8)	0:51 (+3)	1:27 (+2)	0:38 (+1)
		min/km & rank	6:05 (95)	7:16 (88)	6:45 (55)	6:54 (42)	8:14 (116)	7:50 (65)	7:41 (73)	7:27 (61)
73	David Hardy 7:00	Time & posn	1:33 (35)	2:42 (43)	4:05 (54)	5:20 (63)	6:34 (67)	7:32 (70)	8:58 (72)	9:40 (73)
		Stage & change	1:33	1:09 (-8)	1:23 (-11)	1:15 (-9)	1:14 (-4)	0:58 (-3)	1:26 (-2)	0:40 (-1)
		min/km & rank	5:20 (35)	6:41 (68)	6:55 (67)	7:58 (95)	8:07 (112)	8:55 (118)	7:36 (67)	8:14 (106)
74	Rick Ansell Tring Rc 7:00	Time & posn	1:43 (76)	3:00 (77)	4:22 (76)	5:28 (72)	6:38 (72)	7:32 (70)	9:00 (73)	9:40 (74)
		Stage & change	1:43	1:17 (-1)	1:22 (+1)	1:06 (+4)	1:10 (=)	0:54 (+2)	1:28 (-3)	0:40 (-1)
		min/km & rank	5:55 (76)	7:28 (110)	6:50 (63)	7:01 (46)	7:41 (75)	8:18 (89)	7:47 (78)	7:59 (85)
75	Sean McCartney Amphill & Flitwick RC 7:00	Time & posn	1:47 (97)	2:50 (67)	4:14 (69)	5:26 (68)	6:33 (65)	7:28 (66)	9:00 (73)	9:42 (75)
		Stage & change	1:47	1:03 (+30)	1:24 (-2)	1:12 (+1)	1:07 (+3)	0:55 (-1)	1:32 (-7)	0:42 (-2)
		min/km & rank	6:08 (97)	6:06 (39)	7:00 (69)	7:39 (87)	7:21 (58)	8:27 (98)	8:08 (97)	8:22 (113)
76	David Egan (Ttly) Totley AC 7:00	Time & posn	1:38 (53)	2:42 (43)	4:08 (56)	5:25 (66)	6:38 (72)	7:32 (70)	9:00 (73)	9:45 (76)
		Stage & change	1:38	1:04 (+10)	1:26 (-13)	1:17 (-10)	1:13 (-6)	0:54 (+2)	1:28 (-3)	0:45 (-3)
		min/km & rank	5:37 (53)	6:12 (40)	7:10 (75)	8:11 (106)	8:01 (103)	8:18 (89)	7:47 (78)	8:59 (137)
77	David Nicholls Chapel Allerton Runners 7:00	Time & posn	1:40 (68)	2:50 (67)	4:22 (76)	5:35 (80)	6:47 (83)	7:39 (80)	9:09 (77)	9:48 (77)
		Stage & change	1:40	1:10 (+1)	1:32 (-9)	1:13 (-4)	1:12 (-3)	0:52 (+3)	1:30 (+3)	0:39 (=)
		min/km & rank	5:44 (68)	6:47 (74)	7:40 (104)	7:45 (88)	7:54 (92)	8:00 (79)	7:57 (88)	7:46 (77)
78	Kieran Walshe Lymm Runners 7:00	Time & posn	1:33 (35)	2:45 (57)	4:14 (69)	5:28 (72)	6:46 (81)	7:40 (81)	9:09 (77)	9:50 (78)
		Stage & change	1:33	1:12 (-22)	1:29 (-12)	1:14 (-3)	1:18 (-9)	0:54 (=)	1:29 (+4)	0:41 (-1)
		min/km & rank	5:20 (35)	6:59 (76)	7:25 (90)	7:52 (90)	8:34 (133)	8:18 (88)	7:52 (84)	8:11 (102)
79	Andy Clow Ldwa 7:00	Time & posn	1:50 (109)	3:00 (77)	4:21 (75)	5:28 (72)	6:40 (75)	7:36 (77)	9:09 (77)	9:51 (79)
		Stage & change	1:50	1:10 (+32)	1:21 (+2)	1:07 (+3)	1:12 (-3)	0:56 (-2)	1:33 (=)	0:42 (-2)
		min/km & rank	6:19 (109)	6:47 (73)	6:45 (55)	7:07 (56)	7:54 (92)	8:36 (106)	8:13 (104)	8:15 (107)
80	Paul Elliott Dark Peak Fell Runners 7:00	Time & posn	1:37 (47)	2:48 (64)	4:14 (69)	5:34 (79)	6:46 (81)	7:38 (79)	9:10 (80)	9:52 (80)
		Stage & change	1:37	1:11 (-17)	1:26 (-5)	1:20 (-10)	1:12 (-2)	0:52 (+2)	1:32 (-1)	0:42 (=)
		min/km & rank	5:34 (47)	6:53 (75)	7:10 (74)	8:30 (134)	7:54 (95)	8:00 (71)	8:08 (103)	8:15 (108)
81	Paul Stead Northbrook Ac 6:00	Time & posn	2:02 (141)	3:20 (131)	4:46 (117)	5:54 (95)	7:03 (95)	7:52 (87)	9:15 (81)	9:52 (81)
		Stage & change	2:02	1:18 (+10)	1:26 (+14)	1:08 (+22)	1:09 (=)	0:49 (+8)	1:23 (+6)	0:37 (=)
		min/km & rank	7:00 (141)	7:34 (116)	7:10 (75)	7:14 (61)	7:34 (70)	7:32 (56)	7:20 (55)	7:18 (45)
82	Stephen Cotterill 7:00	Time & posn	1:55 (122)	3:10 (113)	4:44 (107)	6:00 (105)	7:07 (96)	8:01 (94)	9:18 (83)	9:55 (82)
		Stage & change	1:55	1:15 (+9)	1:34 (+6)	1:16 (+2)	1:07 (+9)	0:54 (+2)	1:17 (+11)	0:37 (+1)
		min/km & rank	6:36 (122)	7:16 (92)	7:50 (117)	8:05 (100)	7:21 (59)	8:18 (89)	6:48 (29)	7:20 (53)
83	Jeremy Nottingham 6:00	Time & posn	1:51 (111)	3:05 (104)	4:34 (93)	5:45 (90)	6:52 (84)	7:47 (83)	9:18 (83)	9:55 (83)
		Stage & change	1:51	1:14 (+7)	1:29 (+11)	1:11 (+3)	1:07 (+6)	0:55 (+1)	1:31 (=)	0:37 (=)
		min/km & rank	6:22 (111)	7:11 (82)	7:25 (90)	7:33 (80)	7:21 (59)	8:27 (98)	8:03 (91)	7:24 (56)
84	Andy Norman 7:00	Time & posn	1:47 (97)	3:03 (94)	4:39 (100)	5:55 (96)	7:07 (96)	8:01 (94)	9:18 (83)	9:56 (84)
		Stage & change	1:47	1:16 (+3)	1:36 (-6)	1:16 (+4)	1:12 (=)	0:54 (+2)	1:17 (+11)	0:38 (-1)
		min/km & rank	6:08 (97)	7:22 (94)	8:00 (133)	8:05 (100)	7:54 (95)	8:18 (89)	6:48 (29)	7:33 (65)
=	Sarah Booth 7:00	Time & posn	1:47 (97)	3:03 (94)	4:39 (100)	5:55 (96)	7:07 (96)	8:01 (94)	9:18 (83)	9:56 (84)
		Stage & change	1:47	1:16 (+3)	1:36 (-6)	1:16 (+4)	1:12 (=)	0:54 (+2)	1:17 (+11)	0:38 (-1)
		min/km & rank	6:08 (97)	7:22 (94)	8:00 (133)	8:05 (100)	7:54 (95)	8:18 (89)	6:48 (29)	7:33 (65)
86	Nigel Dorman Handsworth Road Hogs 7:00	Time & posn	1:45 (89)	2:50 (67)	4:15 (73)	5:35 (80)	6:55 (86)	7:53 (88)	9:19 (87)	9:57 (86)
		Stage & change	1:45	1:05 (+22)	1:25 (-6)	1:20 (-7)	1:20 (-6)	0:58 (-2)	1:26 (+1)	0:38 (+1)
		min/km & rank	6:02 (89)	6:18 (55)	7:05 (73)	8:30 (134)	8:47 (141)	8:55 (125)	7:36 (67)	7:38 (69)
87	Chris Whistler 7:00	Time & posn	2:02 (141)	3:17 (127)	4:50 (127)	6:00 (105)	7:12 (106)	8:02 (100)	9:20 (88)	9:58 (87)
		Stage & change	2:02	1:15 (+14)	1:33 (=)	1:10 (+22)	1:12 (-1)	0:50 (+6)	1:18 (+12)	0:38 (+1)
		min/km & rank	7:00 (141)	7:16 (88)	7:45 (109)	7:26 (71)	7:54 (95)	7:41 (57)	6:54 (34)	7:30 (62)

Pos'n.	Name Club start time	total distance stage length	Grange	Treeton	Harthill	Woodsetts	Firbeck	Maltby	Old Denaby	Finish
			17.4 km 17.4	27.7 km 10.3	39.7 km 12	49.1 km 9.4	58.2 km 9.1	64.7 km 6.5	76 km 11.3	81.1 km 5.1
88	Jenny Wyles Chorley Harriers 7:00	Time & posn	1:45 (89)	3:03 (94)	4:34 (93)	5:45 (90)	6:56 (89)	7:47 (83)	9:21 (90)	9:58 (88)
		Stage & change	1:45	1:18 (-5)	1:31 (+1)	1:11 (+3)	1:11 (+1)	0:51 (+6)	1:34 (-7)	0:37 (+2)
		min/km & rank	6:02 (89)	7:34 (116)	7:35 (97)	7:33 (80)	7:48 (84)	7:50 (65)	8:19 (111)	7:25 (57)
89	Kenny Turner Dark Peak Fell Runners 7:00	Time & posn	1:33 (35)	2:38 (36)	3:58 (45)	5:14 (52)	6:35 (71)	7:36 (77)	9:16 (82)	10:00 (89)
		Stage & change	1:33	1:05 (-1)	1:20 (-9)	1:16 (-7)	1:21 (-19)	1:01 (-6)	1:40 (-5)	0:44 (-7)
		min/km & rank	5:20 (35)	6:18 (44)	6:40 (52)	8:05 (100)	8:54 (149)	9:23 (139)	8:50 (135)	8:44 (125)
90	Carl Gair 7:00	Time & posn	2:02 (141)	3:20 (131)	4:50 (127)	6:00 (105)	7:12 (106)	8:02 (100)	9:20 (88)	10:01 (90)
		Stage & change	2:02	1:18 (+10)	1:30 (+4)	1:10 (+22)	1:12 (-1)	0:50 (+6)	1:18 (+12)	0:41 (-2)
		min/km & rank	7:00 (141)	7:34 (116)	7:30 (95)	7:26 (71)	7:54 (95)	7:41 (57)	6:54 (34)	8:11 (102)
=	Dawn Westrum 7:00	Time & posn	1:57 (125)	3:10 (113)	4:45 (113)	5:55 (96)	7:08 (99)	8:01 (94)	9:22 (91)	10:01 (90)
		Stage & change	1:57	1:13 (+12)	1:35 (=)	1:10 (+17)	1:13 (-3)	0:53 (+5)	1:21 (+3)	0:39 (+1)
		min/km & rank	6:43 (125)	7:05 (79)	7:55 (119)	7:26 (76)	8:01 (103)	8:09 (80)	7:10 (46)	7:47 (78)
92	Anthony Hall Trawden Ac 7:00	Time & posn	1:41 (69)	2:50 (67)	4:24 (84)	5:44 (87)	6:54 (85)	7:45 (82)	9:23 (92)	10:03 (92)
		Stage & change	1:41	1:09 (+2)	1:34 (-17)	1:20 (-3)	1:10 (+2)	0:51 (+3)	1:38 (-10)	0:40 (=)
		min/km & rank	5:48 (69)	6:41 (70)	7:50 (115)	8:30 (134)	7:41 (77)	7:50 (65)	8:40 (129)	7:56 (84)
93	Ken Wyles Chorley Harriers 7:00	Time & posn	1:45 (89)	3:03 (94)	4:34 (93)	5:45 (90)	6:56 (89)	7:48 (85)	9:24 (93)	10:09 (93)
		Stage & change	1:45	1:18 (-5)	1:31 (+1)	1:11 (+3)	1:11 (+1)	0:52 (+4)	1:36 (-8)	0:45 (=)
		min/km & rank	6:02 (89)	7:34 (116)	7:35 (97)	7:33 (80)	7:48 (84)	8:00 (72)	8:29 (120)	8:53 (130)
94	Martin Payne Dark Peak Fell Runners 6:00	Time & posn	1:53 (116)	3:10 (113)	4:48 (119)	6:00 (105)	7:11 (104)	8:04 (105)	9:35 (97)	10:13 (94)
		Stage & change	1:53	1:17 (+3)	1:38 (-6)	1:12 (+14)	1:11 (+1)	0:53 (-1)	1:31 (+8)	0:38 (+3)
		min/km & rank	6:29 (116)	7:28 (105)	8:10 (146)	7:39 (86)	7:48 (84)	8:09 (80)	8:03 (91)	7:38 (70)
95	Philip Haigh Maltby R.C 7:00	Time & posn	2:08 (173)	3:29 (153)	4:56 (141)	6:04 (113)	7:12 (106)	8:01 (94)	9:33 (94)	10:14 (95)
		Stage & change	2:08	1:21 (+20)	1:27 (+12)	1:08 (+28)	1:08 (+7)	0:49 (+12)	1:32 (=)	0:41 (-1)
		min/km & rank	7:21 (173)	7:51 (138)	7:15 (85)	7:14 (61)	7:28 (67)	7:32 (48)	8:08 (97)	8:04 (93)
=	John Kirk Rotherham H & AC 7:00	Time & posn	2:08 (173)	3:29 (153)	4:56 (141)	6:04 (113)	7:12 (106)	8:01 (94)	9:33 (94)	10:14 (95)
		Stage & change	2:08	1:21 (+20)	1:27 (+12)	1:08 (+28)	1:08 (+7)	0:49 (+12)	1:32 (=)	0:41 (-1)
		min/km & rank	7:21 (173)	7:51 (138)	7:15 (85)	7:14 (61)	7:28 (67)	7:32 (48)	8:08 (97)	8:04 (93)
97	Barry Harrison Trail Runners Assoc. 7:00	Time & posn	1:44 (83)	3:00 (77)	4:22 (76)	5:41 (86)	6:59 (92)	7:57 (91)	9:33 (94)	10:16 (97)
		Stage & change	1:44	1:16 (+6)	1:22 (+1)	1:19 (-10)	1:18 (-6)	0:58 (+1)	1:36 (-3)	0:43 (-3)
		min/km & rank	5:58 (83)	7:22 (94)	6:50 (63)	8:24 (118)	8:34 (130)	8:55 (125)	8:29 (121)	8:32 (118)
98	Nick Turner 7:00	Time & posn	1:58 (126)	3:10 (113)	4:45 (113)	6:04 (113)	7:16 (112)	8:09 (113)	9:40 (101)	10:18 (98)
		Stage & change	1:58	1:12 (+13)	1:35 (=)	1:19 (=)	1:12 (+1)	0:53 (-1)	1:31 (+12)	0:38 (+3)
		min/km & rank	6:46 (126)	6:59 (76)	7:55 (119)	8:24 (118)	7:54 (95)	8:09 (80)	8:03 (95)	7:32 (64)
99	Alan Davies 7:00	Time & posn	1:54 (119)	3:10 (113)	4:44 (107)	6:05 (119)	7:16 (112)	8:09 (113)	9:40 (101)	10:19 (99)
		Stage & change	1:54	1:16 (+6)	1:34 (+6)	1:21 (-12)	1:11 (+7)	0:53 (-1)	1:31 (+12)	0:39 (+2)
		min/km & rank	6:33 (119)	7:22 (94)	7:50 (117)	8:37 (143)	7:48 (81)	8:09 (80)	8:03 (95)	7:39 (74)
100	Brian Layton Tring Running Club 6:00	Time & posn	2:01 (136)	3:20 (131)	4:48 (119)	6:07 (133)	7:18 (119)	8:10 (116)	9:37 (98)	10:19 (100)
		Stage & change	2:01	1:19 (+5)	1:28 (+12)	1:19 (-14)	1:11 (+14)	0:52 (+3)	1:27 (+18)	0:42 (-2)
		min/km & rank	6:57 (136)	7:40 (125)	7:20 (87)	8:24 (118)	7:48 (84)	8:00 (72)	7:41 (73)	8:21 (112)
101	Rory Coleman 100 Marathon Club 7:00	Time & posn	2:02 (141)	3:17 (127)	4:50 (127)	6:00 (105)	7:25 (127)	8:15 (117)	9:42 (108)	10:19 (101)
		Stage & change	2:02	1:15 (+14)	1:33 (-5)	1:10 (+22)	1:25 (-22)	0:50 (+10)	1:27 (+9)	0:37 (+7)
		min/km & rank	7:00 (141)	7:16 (88)	7:45 (109)	7:26 (71)	9:20 (167)	7:41 (57)	7:41 (73)	7:24 (55)
102	Nina Othen 7:00	Time & posn	1:44 (83)	3:10 (113)	4:45 (113)	6:04 (113)	7:14 (110)	8:06 (106)	9:38 (99)	10:20 (102)
		Stage & change	1:44	1:26 (-30)	1:35 (=)	1:19 (=)	1:10 (+3)	0:52 (+4)	1:32 (+7)	0:42 (-3)
		min/km & rank	5:58 (83)	8:20 (165)	7:55 (119)	8:24 (118)	7:41 (77)	8:00 (72)	8:08 (97)	8:14 (104)
103	Christopher Swift 7:00	Time & posn	1:43 (76)	3:00 (77)	4:35 (98)	5:55 (96)	7:08 (99)	8:06 (106)	9:41 (103)	10:21 (103)
		Stage & change	1:43	1:17 (-1)	1:35 (-21)	1:20 (+2)	1:13 (-3)	0:58 (-7)	1:35 (+3)	0:40 (=)
		min/km & rank	5:55 (76)	7:28 (110)	7:55 (119)	8:30 (129)	8:01 (103)	8:55 (118)	8:24 (115)	7:52 (79)
104	Nigel Coates (Bolton) 7:00	Time & posn	1:43 (76)	3:00 (77)	4:35 (98)	5:55 (96)	7:08 (99)	8:06 (106)	9:41 (103)	10:21 (104)
		Stage & change	1:43	1:17 (-1)	1:35 (-21)	1:20 (+2)	1:13 (-3)	0:58 (-7)	1:35 (+3)	0:40 (-1)
		min/km & rank	5:55 (76)	7:28 (110)	7:55 (119)	8:30 (129)	8:01 (103)	8:55 (118)	8:24 (115)	7:55 (83)
105	Adele Morris Rotherham H & AC 7:00	Time & posn	2:05 (165)	3:23 (147)	4:54 (135)	6:06 (126)	7:14 (110)	8:06 (106)	9:38 (99)	10:22 (105)
		Stage & change	2:05	1:18 (+18)	1:31 (+12)	1:12 (+9)	1:08 (+16)	0:52 (+4)	1:32 (+7)	0:44 (-6)
		min/km & rank	7:11 (165)	7:34 (114)	7:35 (101)	7:39 (84)	7:28 (67)	8:00 (72)	8:08 (97)	8:39 (124)
106	Jason Bulley Sandbach Striders 7:00	Time & posn	1:50 (109)	3:15 (123)	4:45 (113)	6:00 (105)	7:09 (102)	8:07 (110)	9:43 (111)	10:24 (106)
		Stage & change	1:50	1:25 (-14)	1:30 (+10)	1:15 (+8)	1:09 (+3)	0:58 (-8)	1:36 (-1)	0:41 (+5)
		min/km & rank	6:19 (109)	8:15 (160)	7:30 (95)	7:58 (93)	7:34 (72)	8:55 (118)	8:29 (121)	8:06 (96)
=	Jonathan Boxshall 7:00	Time & posn	2:02 (141)	3:17 (127)	4:50 (127)	6:00 (105)	7:16 (112)	8:07 (110)	9:43 (111)	10:24 (106)
		Stage & change	2:02	1:15 (+14)	1:33 (-5)	1:10 (+22)	1:16 (-7)	0:51 (+2)	1:36 (-1)	0:41 (+5)
		min/km & rank	7:00 (141)	7:16 (88)	7:45 (109)	7:26 (71)	8:21 (124)	7:50 (65)	8:29 (121)	8:06 (96)
108	Carl Saxton 7:00	Time & posn	1:47 (97)	3:00 (77)	4:27 (86)	5:47 (93)	7:02 (93)	8:03 (102)	9:42 (108)	10:27 (108)
		Stage & change	1:47	1:13 (+20)	1:27 (-9)	1:20 (-7)	1:15 (=)	1:01 (-9)	1:39 (-6)	0:45 (=)
		min/km & rank	6:08 (97)	7:05 (79)	7:15 (80)	8:30 (134)	8:14 (119)	9:23 (139)	8:45 (132)	8:49 (126)
=	Richard Bunting 7:00	Time & posn	1:47 (97)	3:00 (77)	4:27 (86)	5:47 (93)	7:02 (93)	8:03 (102)	9:42 (108)	10:27 (108)
		Stage & change	1:47	1:13 (+20)	1:27 (-9)	1:20 (-7)	1:15 (=)	1:01 (-9)	1:39 (-6)	0:45 (=)
		min/km & rank	6:08 (97)	7:05 (79)	7:15 (80)	8:30 (134)	8:14 (119)	9:23 (139)	8:45 (132)	8:49 (126)
110	Mick Cooper 7:00	Time & posn	2:02 (141)	3:25 (152)	5:00 (149)	6:16 (143)	7:28 (130)	8:21 (122)	9:48 (116)	10:28 (110)
		Stage & change	2:02	1:23 (-11)	1:35 (+3)	1:16 (+6)	1:12 (+13)	0:53 (+8)	1:27 (+6)	0:40 (+6)
		min/km & rank	7:00 (141)	8:03 (152)	7:55 (130)	8:05 (100)	7:54 (92)	8:09 (80)	7:41 (73)	8:01 (89)
=	Clare Apps Quakers 7:00	Time & posn	1:58 (126)	3:15 (123)	4:48 (119)	6:06 (126)	7:17 (116)	8:15 (117)	9:48 (116)	10:28 (110)
		Stage & change	1:58	1:17 (+3)	1:33 (+4)	1:18 (-7)	1:11 (+10)	0:58 (-1)	1:33 (+1)	0:40 (+6)
		min/km & rank	6:46 (126)	7:28 (105)	7:45 (109)	8:17 (113)	7:48 (84)	8:55 (118)	8:13 (104)	8:01 (89)
=	Mike Dobson-Hornett Tickhill R & Ac 7:00	Time & posn	1:41 (69)	2:50 (67)	4:22 (76)	5:44 (87)	6:58 (91)	7:59 (93)	9:41 (103)	10:28 (110)
		Stage & change	1:41	1:09 (+2)	1:32 (-9)	1:22 (-11)	1:14 (-4)	1:01 (-2)	1:42 (-10)	0:47 (-7)
		min/km & rank	5:48 (69)	6:41 (70)	7:40 (104)	8:43 (148)	8:07 (113)	9:23 (139)	9:01 (141)	9:23 (154)
113	Gary Kennedy Handsworth 7:00	Time & posn	1:44 (83)	2:50 (67)	4:22 (76)	5:40 (85)	6:55 (86)	7:57 (91)	9:43 (111)	10:32 (113)
		Stage & change	1:44	1:06 (+16)	1:32 (-9)	1:18 (-9)	1:15 (-1)	1:02 (-5)	1:46 (-20)	0:49 (-2)
		min/km & rank	5:58 (83)	6:24 (57)	7:40 (104)	8:17 (113)	8:14 (116)	9:32 (164)	9:22 (164)	9:42 (162)
114	Steve Garlick Vocalink Running Club 7:00	Time & posn	1:43 (76)	3:01 (87)	4:39 (100)	5:56 (102)	7:09 (102)	8:03 (102)	9:43 (111)	10:35 (114)
		Stage & change	1:43	1:18 (-11)	1:38 (-13)	1:17 (-2)	1:13 (=)	0:54 (=)	1:40 (-9)	0:52 (-3)
		min/km & rank	5:55 (76)	7:34 (116)	8:10 (141)	8:11 (106)	8:01 (103)	8:18 (89)	8:50 (135)	10:13 (177)
115	Richard Scroop Mercia Fell Runners 7:00	Time & posn	1:38 (53)	2:45 (57)	4:12 (61)	5:26 (68)	6:45 (79)	7:50 (86)	9:41 (103)	10:37 (115)
		Stage & change	1:38	1:07 (-4)	1:27 (-4)	1:14 (-7)	1:19 (-11)	1:05 (-7)	1:51 (-17)	0:56 (-12)
		min/km & rank	5:37 (53)	6:30 (58)	7:15 (80)	7:52 (90)	8:40 (137)	10:00 (183)	9:49 (184)	11:01 (188)
116	Marla Howard-Cutts Southwell Rc 6:00	Time & posn	2:02 (141)	3:20 (131)	4:55 (137)	6:14 (139)	7:28 (130)	8:24 (128)	9:52 (119)	10:37 (116)
		Stage & change	2:02	1:18 (+10)	1:35 (+6)	1:19 (+2)	1:14 (+9)	0:56 (+2)	1:28 (+9)	0:45 (+3)
		min/km & rank	7:00 (141)	7:34 (116)	7:55 (119)	8:24 (118)	8:07 (113)	8:36 (106)	7:47 (78)	8:56 (131)

Pos'n.	Name Club start time	total distance stage length	Grange	Treeton	Harthill	Woodsetts	Firbeck	Maltby	Old Denaby	Finish
			17.4 km 17.4	27.7 km 10.3	39.7 km 12	49.1 km 9.4	58.2 km 9.1	64.7 km 6.5	76 km 11.3	81.1 km 5.1
=	Jane Matthews Southwell R.C 6:00	Time & posn	2:02 (141)	3:20 (131)	4:55 (137)	6:14 (139)	7:28 (130)	8:24 (128)	9:52 (119)	10:37 (116)
		Stage & change	2:02	1:18 (+10)	1:35 (-6)	1:19 (-2)	1:14 (+9)	0:56 (+2)	1:28 (+9)	0:45 (+3)
		min/km & rank	7:00 (141)	7:34 (116)	7:55 (119)	8:24 (118)	8:07 (113)	8:36 (106)	7:47 (78)	8:56 (131)
118	Simon Bennett 7:00	Time & posn	1:33 (35)	2:38 (36)	3:59 (49)	5:25 (66)	6:38 (72)	7:56 (90)	9:41 (103)	10:37 (118)
		Stage & change	1:33	1:05 (-1)	1:21 (-13)	1:26 (-17)	1:13 (-6)	1:18 (-18)	1:45 (-13)	0:56 (-15)
		min/km & rank	5:20 (35)	6:18 (44)	6:45 (55)	9:08 (167)	8:01 (103)	12:00 (237)	9:17 (158)	11:06 (190)
119	Kevin Uzzell Stone Master Marathoners 7:00	Time & posn	1:51 (111)	3:08 (111)	4:39 (100)	5:55 (96)	7:19 (121)	8:17 (120)	9:52 (119)	10:37 (119)
		Stage & change	1:51	1:17 (=)	1:31 (+1)	1:16 (+4)	1:24 (-25)	0:58 (+1)	1:35 (+1)	0:45 (=)
		min/km & rank	6:22 (111)	7:28 (105)	7:35 (97)	8:05 (100)	9:13 (154)	8:55 (118)	8:24 (119)	8:58 (134)
120	David Bradley Blyth Running Club 7:00	Time & posn	1:44 (83)	3:01 (87)	4:24 (84)	5:35 (80)	6:55 (86)	7:53 (88)	9:43 (111)	10:38 (120)
		Stage & change	1:44	1:17 (-4)	1:23 (+3)	1:11 (+4)	1:20 (-6)	0:58 (-2)	1:50 (-23)	0:55 (-9)
		min/km & rank	5:58 (83)	7:28 (110)	6:55 (65)	7:33 (83)	8:47 (141)	8:55 (125)	9:44 (182)	10:54 (187)
121	Bernard Jarvis Holme Pierrepont Rc 7:00	Time & posn	2:02 (141)	3:20 (131)	4:56 (141)	6:06 (126)	7:21 (124)	8:21 (122)	9:54 (122)	10:39 (121)
		Stage & change	2:02	1:18 (+10)	1:36 (-10)	1:10 (+15)	1:15 (+2)	1:00 (+2)	1:33 (=)	0:45 (+1)
		min/km & rank	7:00 (141)	7:34 (116)	8:00 (133)	7:26 (71)	8:14 (119)	9:13 (135)	8:13 (104)	8:58 (135)
=	Eleanor Robinson Ripley Running Club 7:00	Time & posn	1:47 (97)	3:08 (111)	4:47 (118)	6:05 (119)	7:21 (124)	8:21 (122)	9:54 (122)	10:39 (121)
		Stage & change	1:47	1:21 (-14)	1:39 (-7)	1:18 (-1)	1:16 (-5)	1:00 (+2)	1:33 (=)	0:45 (+1)
		min/km & rank	6:08 (97)	7:51 (138)	8:15 (151)	8:17 (117)	8:21 (123)	9:13 (135)	8:13 (104)	8:58 (135)
123	Andrew Miles 6:00	Time & posn	2:01 (136)	3:20 (131)	4:48 (119)	6:07 (133)	7:18 (119)	8:23 (126)	9:58 (125)	10:40 (123)
		Stage & change	2:01	1:19 (+5)	1:28 (+12)	1:19 (-14)	1:11 (+14)	1:05 (-7)	1:35 (+1)	0:42 (+2)
		min/km & rank	6:57 (136)	7:40 (125)	7:20 (87)	8:24 (118)	7:48 (84)	10:00 (182)	8:24 (115)	8:17 (109)
=	Sharon Meadows Ilkley Harriers 6:00	Time & posn	2:02 (141)	3:20 (131)	4:55 (137)	6:10 (135)	7:28 (130)	8:23 (126)	9:58 (125)	10:40 (123)
		Stage & change	2:02	1:18 (+10)	1:35 (-6)	1:15 (+2)	1:18 (+5)	0:55 (+4)	1:35 (+1)	0:42 (+2)
		min/km & rank	7:00 (141)	7:34 (116)	7:55 (119)	7:58 (93)	8:34 (133)	8:27 (98)	8:24 (115)	8:17 (109)
125	Malcolm Baker 6:00	Time & posn	1:51 (111)	3:05 (104)	4:39 (100)	5:58 (103)	7:11 (104)	8:08 (112)	9:49 (118)	10:40 (125)
		Stage & change	1:51	1:14 (+7)	1:34 (+4)	1:19 (-3)	1:13 (-1)	0:57 (-8)	1:41 (-6)	0:51 (-7)
		min/km & rank	6:22 (111)	7:11 (82)	7:50 (115)	8:24 (118)	8:01 (103)	8:46 (115)	8:56 (140)	10:08 (174)
126	Kerry Booth Rotherham Harriers & Ac 8:00	Time & posn	1:34 (46)	2:50 (67)	4:28 (90)	6:02 (112)	7:20 (122)	8:21 (122)	9:59 (128)	10:42 (126)
		Stage & change	1:34	1:16 (-21)	1:38 (-23)	1:34 (-22)	1:18 (-10)	1:01 (=)	1:38 (-6)	0:43 (+2)
		min/km & rank	5:24 (46)	7:22 (94)	8:10 (146)	10:00 (192)	8:34 (133)	9:23 (139)	8:40 (129)	8:29 (116)
127	Kevin Marshall Ilford Ac 6:00	Time & posn	2:06 (167)	3:32 (159)	5:08 (158)	6:25 (150)	7:36 (140)	8:33 (135)	10:00 (129)	10:42 (127)
		Stage & change	2:06	1:26 (+8)	1:36 (+1)	1:17 (+8)	1:11 (+10)	0:57 (+5)	1:27 (+6)	0:42 (+2)
		min/km & rank	7:14 (167)	8:20 (165)	8:00 (133)	8:11 (106)	7:48 (84)	8:46 (115)	7:41 (73)	8:25 (114)
128	Chris Peach Roadhogs Leic AC 7:00	Time & posn	1:53 (116)	3:17 (127)	4:48 (119)	6:05 (119)	7:20 (122)	8:18 (121)	9:55 (124)	10:43 (128)
		Stage & change	1:53	1:24 (+1)	1:31 (+8)	1:17 (=)	1:15 (-3)	0:58 (+1)	1:37 (-3)	0:48 (-4)
		min/km & rank	6:29 (116)	8:09 (154)	7:35 (101)	8:11 (111)	8:14 (116)	8:55 (118)	8:35 (128)	9:31 (157)
129	Anthony Flintoft 7:00	Time & posn	1:55 (122)	3:10 (113)	4:49 (126)	6:06 (126)	7:25 (127)	8:26 (133)	10:01 (130)	10:44 (129)
		Stage & change	1:55	1:15 (+9)	1:39 (-13)	1:17 (=)	1:19 (-1)	1:01 (-6)	1:35 (+3)	0:43 (+1)
		min/km & rank	6:36 (122)	7:16 (92)	8:15 (151)	8:11 (106)	8:40 (140)	9:23 (150)	8:24 (113)	8:36 (121)
=	Nick Reed 7:00	Time & posn	1:47 (97)	3:03 (94)	4:34 (93)	5:58 (103)	7:26 (129)	8:26 (133)	10:01 (130)	10:44 (129)
		Stage & change	1:47	1:16 (+3)	1:31 (+1)	1:24 (-10)	1:28 (-26)	1:00 (-4)	1:35 (+3)	0:43 (+1)
		min/km & rank	6:08 (97)	7:22 (94)	7:35 (97)	8:56 (156)	9:40 (179)	9:13 (137)	8:24 (113)	8:36 (121)
131	Paul Gardiner 7:00	Time & posn	1:42 (73)	3:03 (94)	4:39 (100)	6:06 (126)	7:17 (116)	8:25 (130)	10:07 (132)	10:49 (131)
		Stage & change	1:42	1:21 (-21)	1:36 (-6)	1:27 (-26)	1:11 (+10)	1:08 (-14)	1:42 (-2)	0:42 (+1)
		min/km & rank	5:51 (73)	7:51 (138)	8:00 (133)	9:15 (172)	7:48 (84)	10:27 (194)	9:01 (144)	8:21 (111)
132	Nigel Coates (GtA) LDWA - Cleveland 6:00	Time & posn	1:53 (116)	3:10 (113)	4:52 (132)	6:14 (139)	7:30 (134)	8:25 (130)	10:07 (132)	10:52 (132)
		Stage & change	1:53	1:17 (+3)	1:42 (-19)	1:22 (-7)	1:16 (+5)	0:55 (+4)	1:42 (-2)	0:45 (=)
		min/km & rank	6:29 (116)	7:28 (105)	8:30 (173)	8:43 (148)	8:21 (124)	8:27 (98)	9:01 (144)	8:57 (133)
133	Nick Taylor Scunthorpe & District AC 6:00	Time & posn	2:09 (177)	3:34 (178)	5:13 (165)	6:28 (157)	7:47 (156)	8:43 (153)	10:12 (135)	10:52 (133)
		Stage & change	2:09	1:25 (-1)	1:39 (+13)	1:15 (+8)	1:19 (+1)	0:56 (+3)	1:29 (+18)	0:40 (+2)
		min/km & rank	7:24 (177)	8:15 (160)	8:15 (151)	7:58 (95)	8:40 (137)	8:36 (111)	7:52 (84)	8:00 (87)
=	Sue Crossland Scunthorpe 6:00	Time & posn	2:09 (177)	3:34 (178)	5:13 (165)	6:30 (160)	7:47 (156)	8:43 (153)	10:12 (135)	10:52 (133)
		Stage & change	2:09	1:25 (-1)	1:39 (+13)	1:17 (+5)	1:17 (+4)	0:56 (+3)	1:29 (+18)	0:40 (+2)
		min/km & rank	7:24 (177)	8:15 (160)	8:15 (151)	8:11 (111)	8:27 (127)	8:36 (111)	7:52 (84)	8:00 (87)
135	Anne Green 7:00	Time & posn	2:07 (172)	3:33 (169)	5:12 (162)	6:30 (160)	7:45 (155)	8:41 (150)	10:14 (137)	10:55 (135)
		Stage & change	2:07	1:26 (+3)	1:39 (+7)	1:18 (+2)	1:15 (+5)	0:56 (+5)	1:33 (+13)	0:41 (+2)
		min/km & rank	7:17 (172)	8:20 (165)	8:15 (150)	8:17 (116)	8:14 (119)	8:36 (106)	8:13 (104)	8:03 (91)
136	Owen Turnbull Sedgefield Harriers 7:00	Time & posn	1:42 (73)	3:03 (94)	4:39 (100)	6:04 (113)	7:24 (126)	8:25 (130)	10:08 (134)	10:55 (136)
		Stage & change	1:42	1:21 (-21)	1:36 (-6)	1:25 (-13)	1:20 (-13)	1:01 (-4)	1:43 (-4)	0:47 (-2)
		min/km & rank	5:51 (73)	7:51 (138)	8:00 (133)	9:02 (160)	8:47 (143)	9:23 (139)	9:06 (152)	9:15 (148)
=	Simon Kirkby Bolton 7:00	Time & posn	2:03 (154)	3:23 (147)	5:04 (151)	6:26 (152)	7:43 (150)	8:38 (145)	10:15 (140)	10:55 (136)
		Stage & change	2:03	1:20 (+7)	1:41 (-4)	1:22 (-1)	1:17 (+2)	0:55 (+5)	1:37 (+5)	0:40 (+4)
		min/km & rank	7:04 (154)	7:46 (130)	8:25 (166)	8:43 (151)	8:27 (128)	8:27 (98)	8:35 (127)	7:53 (80)
=	Jimmy Kirkby 7:00	Time & posn	2:02 (141)	3:23 (147)	5:04 (151)	6:26 (152)	7:43 (150)	8:38 (145)	10:14 (137)	10:55 (136)
		Stage & change	2:02	1:21 (-6)	1:41 (-4)	1:22 (-1)	1:17 (+2)	0:55 (+5)	1:36 (+8)	0:41 (+1)
		min/km & rank	7:00 (141)	7:51 (138)	8:25 (166)	8:43 (151)	8:27 (128)	8:27 (98)	8:29 (121)	8:05 (95)
139	Ben Collard 7:00	Time & posn	1:58 (126)	3:10 (113)	4:48 (119)	6:04 (113)	7:17 (116)	8:09 (113)	9:58 (125)	10:58 (139)
		Stage & change	1:58	1:12 (+13)	1:38 (-6)	1:16 (+6)	1:13 (-3)	0:52 (+3)	1:49 (-12)	1:00 (-14)
		min/km & rank	6:46 (126)	6:59 (76)	8:10 (146)	8:05 (98)	8:01 (103)	8:00 (72)	9:38 (180)	11:56 (214)
140	Rebecca Lawrence Peel Road Runners 6:00	Time & posn	2:06 (167)	3:32 (159)	5:05 (155)	6:27 (155)	7:38 (144)	8:40 (148)	10:16 (141)	10:59 (140)
		Stage & change	2:06	1:26 (+8)	1:33 (+4)	1:22 (=)	1:11 (+11)	1:02 (-4)	1:36 (+7)	0:43 (+1)
		min/km & rank	7:14 (167)	8:20 (165)	7:45 (109)	8:43 (151)	7:48 (81)	9:32 (159)	8:29 (121)	8:36 (119)
=	Anthony Hammond Peel Road Runners 6:00	Time & posn	2:06 (167)	3:32 (159)	5:05 (155)	6:27 (155)	7:38 (144)	8:40 (148)	10:16 (141)	10:59 (140)
		Stage & change	2:06	1:26 (+8)	1:33 (+4)	1:22 (=)	1:11 (+11)	1:02 (-4)	1:36 (+7)	0:43 (+1)
		min/km & rank	7:14 (167)	8:20 (165)	7:45 (109)	8:43 (151)	7:48 (81)	9:32 (159)	8:29 (121)	8:36 (119)
142	Andrew Bradley 6:00	Time & posn	2:08 (173)	3:32 (159)	5:13 (165)	6:28 (157)	7:51 (162)	8:47 (155)	10:16 (141)	11:01 (142)
		Stage & change	2:08	1:24 (+14)	1:41 (-6)	1:15 (+8)	1:23 (-5)	0:56 (+7)	1:29 (+14)	0:45 (-1)
		min/km & rank	7:21 (173)	8:09 (154)	8:25 (166)	7:58 (95)	9:07 (153)	8:36 (111)	7:52 (83)	8:53 (128)
143	Paul Thompson Grimsby Tri 7:00	Time & posn	1:47 (97)	3:03 (94)	4:29 (91)	6:11 (136)	7:36 (140)	8:37 (141)	10:24 (150)	11:01 (143)
		Stage & change	1:47	1:16 (+3)	1:26 (+3)	1:42 (-45)	1:25 (-4)	1:01 (-1)	1:47 (-9)	0:37 (+7)
		min/km & rank	6:08 (97)	7:22 (94)	7:10 (75)	10:51 (217)	9:20 (164)	9:23 (150)	9:28 (169)	7:20 (48)
=	Andy Bruce Tri London 7:00	Time & posn	1:58 (126)	3:20 (131)	4:52 (132)	6:11 (136)	7:36 (140)	8:37 (141)	10:24 (150)	11:01 (143)
		Stage & change	1:58	1:22 (-5)	1:32 (-1)	1:19 (-4)	1:25 (-4)	1:01 (-1)	1:47 (-9)	0:37 (+7)
		min/km & rank	6:46 (126)	7:57 (148)	7:40 (104)	8:24 (118)	9:20 (164)	9:23 (150)	9:28 (169)	7:20 (48)
=	Paul Weinreich 7:00	Time & posn	1:59 (133)	3:20 (131)	4:52 (132)	6:11 (136)	7:36 (140)	8:37 (141)	10:24 (150)	11:01 (143)
		Stage & change	1:59	1:21 (+2)	1:32 (-1)	1:19 (-4)	1:25 (-4)	1:01 (-1)	1:47 (-9)	0:37 (+7)
		min/km & rank	6:50 (133)	7:51 (147)	7:40 (104)	8:24 (118)	9:20 (164)	9:23 (150)	9:28 (169)	7:20 (48)

Pos'n.	Name Club start time	total distance stage length	Grange	Treeton	Harthill	Woodsetts	Firbeck	Maltby	Old Denaby	Finish
			17.4 km 17.4	27.7 km 10.3	39.7 km 12	49.1 km 9.4	58.2 km 9.1	64.7 km 6.5	76 km 11.3	81.1 km 5.1
146	Bill Crowther Barracuda Triathlon Club 7:00	Time & posn	1:46 (95)	3:05 (104)	4:44 (107)	6:05 (119)	7:34 (136)	8:33 (135)	10:16 (141)	11:02 (146)
		Stage & change	1:46	1:19 (-9)	1:39 (-3)	1:21 (-12)	1:29 (-17)	0:59 (+1)	1:43 (-6)	0:46 (-5)
		min/km & rank	6:05 (95)	7:40 (125)	8:15 (151)	8:37 (143)	9:46 (182)	9:04 (130)	9:06 (146)	9:07 (142)
147	Mark Bissell Eden Runners 7:00	Time & posn	1:45 (89)	3:05 (104)	4:44 (107)	6:05 (119)	7:34 (136)	8:33 (135)	10:16 (141)	11:02 (147)
		Stage & change	1:45	1:20 (-15)	1:39 (-3)	1:21 (-12)	1:29 (-17)	0:59 (+1)	1:43 (-6)	0:46 (-6)
		min/km & rank	6:02 (89)	7:46 (132)	8:15 (151)	8:37 (143)	9:46 (182)	9:04 (130)	9:06 (146)	9:09 (143)
=	Simon Broughton LDWA - E. Yorks 7:00	Time & posn	1:45 (89)	3:05 (104)	4:44 (107)	6:05 (119)	7:34 (136)	8:33 (135)	10:16 (141)	11:02 (147)
		Stage & change	1:45	1:20 (-15)	1:39 (-3)	1:21 (-12)	1:29 (-17)	0:59 (+1)	1:43 (-6)	0:46 (-6)
		min/km & rank	6:02 (89)	7:46 (132)	8:15 (151)	8:37 (143)	9:46 (182)	9:04 (130)	9:06 (146)	9:09 (143)
=	Stephen Robinson 7:00	Time & posn	1:45 (89)	3:05 (104)	4:44 (107)	6:05 (119)	7:34 (136)	8:33 (135)	10:16 (141)	11:02 (147)
		Stage & change	1:45	1:20 (-15)	1:39 (-3)	1:21 (-12)	1:29 (-17)	0:59 (+1)	1:43 (-6)	0:46 (-6)
		min/km & rank	6:02 (89)	7:46 (132)	8:15 (151)	8:37 (143)	9:46 (182)	9:04 (130)	9:06 (146)	9:09 (143)
150	Philip Musson LDWA - Yorks Coast 7:00	Time & posn	1:51 (111)	3:15 (123)	5:04 (151)	6:25 (150)	7:41 (149)	8:38 (145)	10:16 (141)	11:03 (150)
		Stage & change	1:51	1:24 (-12)	1:49 (-28)	1:21 (+1)	1:16 (+1)	0:57 (+4)	1:38 (+4)	0:47 (-9)
		min/km & rank	6:22 (111)	8:09 (154)	9:05 (180)	8:37 (142)	8:21 (124)	8:46 (115)	8:40 (129)	9:18 (153)
151	Neil Shaw Rotherham Harriers 7:00	Time & posn	2:05 (165)	3:23 (147)	4:54 (135)	6:06 (126)	7:16 (112)	8:15 (117)	10:14 (137)	11:07 (151)
		Stage & change	2:05	1:18 (+18)	1:31 (+12)	1:12 (+9)	1:10 (+14)	0:59 (-5)	1:59 (-20)	0:53 (-14)
		min/km & rank	7:11 (165)	7:34 (114)	7:35 (101)	7:39 (84)	7:41 (77)	9:04 (129)	9:03 (213)	10:24 (179)
152	Paul Sorensen Trail Runners Association 6:00	Time & posn	2:00 (134)	3:20 (131)	5:01 (150)	6:20 (148)	7:39 (148)	8:37 (141)	10:22 (149)	11:07 (152)
		Stage & change	2:00	1:20 (+3)	1:41 (-19)	1:19 (+2)	1:19 (=)	0:58 (+7)	1:45 (-8)	0:45 (-3)
		min/km & rank	6:53 (134)	7:46 (132)	8:25 (166)	8:24 (118)	8:40 (137)	8:55 (125)	9:17 (158)	9:00 (138)
153	Steve Platt Tra 7:00	Time & posn	2:04 (161)	3:29 (153)	5:07 (157)	6:31 (164)	8:01 (166)	8:56 (164)	10:27 (155)	11:09 (153)
		Stage & change	2:04	1:25 (+8)	1:38 (-4)	1:24 (-7)	1:30 (-2)	0:55 (+2)	1:31 (+9)	0:42 (+2)
		min/km & rank	7:07 (161)	8:15 (160)	8:10 (146)	8:56 (156)	9:53 (186)	8:27 (98)	8:03 (91)	8:25 (115)
154	Jim Fulton Dark Peak 6:00	Time & posn	2:01 (136)	3:22 (145)	4:57 (144)	6:17 (145)	7:38 (144)	8:41 (150)	10:26 (154)	11:15 (154)
		Stage & change	2:01	1:21 (-9)	1:35 (+1)	1:20 (-1)	1:21 (+1)	1:03 (-6)	1:45 (-4)	0:49 (=)
		min/km & rank	6:57 (136)	7:51 (138)	7:55 (119)	8:30 (129)	8:54 (149)	9:41 (169)	9:17 (158)	9:38 (160)
=	Brian Benner 6:00	Time & posn	2:01 (136)	3:20 (131)	4:55 (137)	6:15 (142)	7:43 (150)	8:52 (160)	10:31 (157)	11:15 (154)
		Stage & change	2:01	1:19 (+5)	1:35 (-6)	1:20 (-5)	1:28 (-8)	1:09 (-10)	1:39 (+3)	0:44 (+3)
		min/km & rank	6:57 (136)	7:40 (125)	7:55 (119)	8:30 (129)	9:40 (179)	10:36 (206)	8:45 (132)	8:39 (123)
=	Richard Hakes Dark Peak Fell Runners 6:00	Time & posn	2:01 (136)	3:22 (145)	4:57 (144)	6:17 (145)	7:38 (144)	8:41 (150)	10:25 (153)	11:15 (154)
		Stage & change	2:01	1:21 (-9)	1:35 (+1)	1:20 (-1)	1:21 (+1)	1:03 (-6)	1:44 (-3)	0:50 (-1)
		min/km & rank	6:57 (136)	7:51 (138)	7:55 (119)	8:30 (129)	8:54 (149)	9:41 (169)	9:12 (154)	9:50 (164)
157	Shirley Hume Road Runners Club 6:00	Time & posn	2:04 (161)	3:32 (159)	5:10 (160)	6:30 (160)	7:48 (158)	8:49 (157)	10:31 (157)	11:19 (157)
		Stage & change	2:04	1:28 (+2)	1:38 (-1)	1:20 (=)	1:18 (+2)	1:01 (+1)	1:42 (=)	0:48 (=)
		min/km & rank	7:07 (161)	8:32 (174)	8:10 (141)	8:30 (134)	8:34 (130)	9:23 (150)	9:01 (141)	9:28 (155)
=	Chris Hume Road Runners Club 6:00	Time & posn	2:08 (173)	3:32 (159)	5:10 (160)	6:30 (160)	7:48 (158)	8:49 (157)	10:32 (159)	11:19 (157)
		Stage & change	2:08	1:24 (+14)	1:38 (-1)	1:20 (=)	1:18 (+2)	1:01 (+1)	1:43 (-2)	0:47 (+2)
		min/km & rank	7:21 (173)	8:09 (154)	8:10 (141)	8:30 (134)	8:34 (130)	9:23 (150)	9:06 (152)	9:16 (152)
159	Mike Jones 7:00	Time & posn	1:42 (73)	3:01 (87)	4:48 (119)	6:16 (143)	7:44 (154)	8:49 (157)	10:41 (162)	11:29 (159)
		Stage & change	1:42	1:19 (-14)	1:47 (-32)	1:28 (-24)	1:28 (-11)	1:05 (-3)	1:52 (-5)	0:48 (+3)
		min/km & rank	5:51 (73)	7:40 (125)	8:55 (177)	9:21 (176)	9:40 (176)	10:00 (183)	9:54 (188)	9:31 (156)
160	Jon Hallam 6:00	Time & posn	2:26 (201)	3:48 (189)	5:24 (179)	6:44 (173)	7:56 (163)	8:52 (160)	10:32 (159)	11:30 (160)
		Stage & change	2:26	1:22 (+12)	1:36 (+10)	1:20 (+6)	1:12 (+10)	0:56 (+3)	1:40 (+1)	0:58 (-1)
		min/km & rank	8:23 (201)	7:57 (148)	8:00 (132)	8:30 (134)	7:54 (95)	8:36 (106)	8:50 (139)	11:26 (199)
161	Justin Eveleigh 7:00	Time & posn	2:03 (154)	3:33 (169)	5:14 (168)	6:41 (167)	8:01 (166)	9:06 (167)	10:49 (164)	11:30 (161)
		Stage & change	2:03	1:30 (-15)	1:41 (+1)	1:27 (+1)	1:20 (+1)	1:05 (-1)	1:43 (+3)	0:41 (+3)
		min/km & rank	7:04 (154)	8:44 (179)	8:25 (161)	9:15 (173)	8:47 (143)	10:00 (183)	9:06 (146)	8:10 (99)
=	Kinga Zakrzewska 7:00	Time & posn	2:03 (154)	3:33 (169)	5:14 (168)	6:41 (167)	8:01 (166)	9:06 (167)	10:49 (164)	11:30 (161)
		Stage & change	2:03	1:30 (-15)	1:41 (+1)	1:27 (+1)	1:20 (+1)	1:05 (-1)	1:43 (+3)	0:41 (+3)
		min/km & rank	7:04 (154)	8:44 (179)	8:25 (161)	9:15 (173)	8:47 (143)	10:00 (183)	9:06 (146)	8:10 (99)
=	Phillip Howells Tewkesbury AC 7:00	Time & posn	1:58 (126)	3:29 (153)	5:09 (159)	6:41 (167)	8:03 (170)	9:15 (173)	10:49 (164)	11:30 (161)
		Stage & change	1:58	1:31 (-27)	1:40 (-6)	1:32 (-8)	1:22 (-3)	1:12 (-3)	1:34 (+9)	0:41 (+3)
		min/km & rank	6:46 (126)	8:50 (183)	8:20 (160)	9:47 (185)	9:00 (152)	11:04 (222)	8:19 (111)	8:10 (99)
164	Stephen Woulds 7:00	Time & posn	1:58 (126)	3:15 (123)	4:50 (127)	6:06 (126)	7:32 (135)	8:33 (135)	10:30 (156)	11:31 (164)
		Stage & change	1:58	1:17 (+3)	1:35 (-4)	1:16 (+1)	1:26 (-9)	1:01 (=)	1:57 (-21)	1:01 (-8)
		min/km & rank	6:46 (126)	7:28 (105)	7:55 (130)	8:05 (98)	9:27 (170)	9:23 (150)	10:21 (207)	12:01 (220)
165	Keith Haywood F.R.A. 7:00	Time & posn	2:03 (154)	3:23 (147)	4:59 (147)	6:24 (149)	7:50 (161)	8:53 (162)	10:41 (161)	11:32 (165)
		Stage & change	2:03	1:20 (+7)	1:36 (=)	1:25 (-2)	1:26 (-12)	1:03 (-1)	1:47 (+1)	0:52 (-4)
		min/km & rank	7:04 (154)	7:46 (130)	8:00 (133)	9:02 (163)	9:27 (170)	9:41 (165)	9:28 (173)	10:20 (178)
166	Tim Lloyd 7:00	Time & posn	1:56 (124)	3:10 (113)	4:59 (147)	6:26 (152)	8:02 (169)	9:07 (169)	10:56 (173)	11:36 (166)
		Stage & change	1:56	1:14 (+11)	1:49 (-34)	1:27 (-5)	1:36 (-17)	1:05 (=)	1:49 (+4)	0:40 (+7)
		min/km & rank	6:40 (124)	7:11 (82)	9:05 (179)	9:15 (173)	10:32 (197)	10:00 (183)	9:38 (180)	7:55 (82)
167	Alan Bolton Rotherham Harriers 7:00	Time & posn	1:58 (126)	3:20 (131)	5:04 (151)	6:29 (159)	7:49 (160)	8:55 (163)	10:50 (167)	11:39 (167)
		Stage & change	1:58	1:22 (-5)	1:44 (-20)	1:25 (-8)	1:20 (-1)	1:06 (-3)	1:55 (-4)	0:49 (=)
		min/km & rank	6:46 (126)	7:57 (148)	8:40 (174)	9:02 (163)	8:47 (143)	10:09 (190)	10:10 (201)	9:38 (161)
168	Don Wells 6:00	Time & posn	2:10 (182)	3:34 (178)	5:12 (162)	6:40 (165)	8:00 (164)	9:03 (165)	10:50 (167)	11:40 (168)
		Stage & change	2:10	1:24 (+4)	1:38 (+16)	1:28 (-3)	1:20 (+1)	1:03 (-1)	1:47 (-2)	0:50 (-1)
		min/km & rank	7:28 (182)	8:09 (154)	8:10 (141)	9:21 (180)	8:47 (143)	9:41 (165)	9:28 (169)	9:57 (166)
169	Mandy Andrews Holme Pierrepont Running Club 6:00	Time & posn	2:10 (182)	3:34 (178)	5:12 (162)	6:40 (165)	8:00 (164)	9:03 (165)	10:51 (169)	11:40 (169)
		Stage & change	2:10	1:24 (+4)	1:38 (+16)	1:28 (-3)	1:20 (+1)	1:03 (-1)	1:48 (-4)	0:49 (=)
		min/km & rank	7:28 (182)	8:09 (154)	8:10 (141)	9:21 (180)	8:47 (143)	9:41 (165)	9:33 (177)	9:46 (163)
170	John Asher 7:00	Time & posn	2:03 (154)	3:33 (169)	5:14 (168)	6:42 (170)	8:06 (171)	9:10 (170)	10:55 (170)	11:42 (170)
		Stage & change	2:03	1:30 (-15)	1:41 (+1)	1:28 (-2)	1:24 (-1)	1:04 (+1)	1:45 (=)	0:47 (=)
		min/km & rank	7:04 (154)	8:44 (179)	8:25 (161)	9:21 (176)	9:13 (154)	9:50 (175)	9:17 (158)	9:16 (149)
=	Helen Hawley 7:00	Time & posn	2:02 (141)	3:33 (169)	5:14 (168)	6:42 (170)	8:06 (171)	9:10 (170)	10:55 (170)	11:42 (170)
		Stage & change	2:02	1:31 (-28)	1:41 (+1)	1:28 (-2)	1:24 (-1)	1:04 (+1)	1:45 (=)	0:47 (=)
		min/km & rank	7:00 (141)	8:50 (184)	8:25 (161)	9:21 (176)	9:13 (154)	9:50 (175)	9:17 (158)	9:16 (149)
=	Michael McCabe Newburgh Nomads 7:00	Time & posn	2:03 (154)	3:33 (169)	5:14 (168)	6:42 (170)	8:06 (171)	9:10 (170)	10:55 (170)	11:42 (170)
		Stage & change	2:03	1:30 (-15)	1:41 (+1)	1:28 (-2)	1:24 (-1)	1:04 (+1)	1:45 (=)	0:47 (=)
		min/km & rank	7:04 (154)	8:44 (179)	8:25 (161)	9:21 (176)	9:13 (154)	9:50 (175)	9:17 (158)	9:16 (149)
173	Mo Overfield 6:00	Time & posn	2:00 (134)	3:20 (131)	4:57 (144)	6:19 (147)	7:43 (150)	8:48 (156)	10:43 (163)	11:48 (173)
		Stage & change	2:00	1:20 (+3)	1:37 (-13)	1:22 (-3)	1:24 (-3)	1:05 (-6)	1:55 (-7)	1:05 (-10)
		min/km & rank	6:53 (134)	7:46 (132)	8:05 (140)	8:43 (148)	9:13 (154)	10:00 (183)	10:10 (201)	12:52 (233)
174	Dave Ottewell 7:00	Time & posn	2:06 (167)	3:33 (169)	5:22 (175)	6:48 (174)	8:19 (176)	9:20 (174)	11:08 (174)	11:54 (174)
		Stage & change	2:06	1:27 (-2)	1:49 (-6)	1:26 (+1)	1:31 (-2)	1:01 (+2)	1:48 (=)	0:46 (=)
		min/km & rank	7:14 (167)	8:26 (172)	9:05 (180)	9:08 (165)	10:00 (188)	9:23 (139)	9:33 (177)	9:05 (140)

Pos'n.	Name Club start time	total distance stage length	Grange	Treeton	Harthill	Woodsetts	Firbeck	Maltby	Old Denaby	Finish
			17.4 km 17.4	27.7 km 10.3	39.7 km 12	49.1 km 9.4	58.2 km 9.1	64.7 km 6.5	76 km 11.3	81.1 km 5.1
=	Emma Key Stone Master Marathoners 7:00	Time & posn Stage & change min/km & rank	2:06 (167) 2:06 7:14 (167)	3:33 (169) 1:27 (-2) 8:26 (172)	5:22 (175) 1:49 (-6) 9:05 (180)	6:48 (174) 1:26 (+1) 9:08 (165)	8:19 (176) 1:31 (-2) 10:00 (188)	9:20 (174) 1:01 (+2) 9:23 (139)	11:08 (174) 1:48 (=) 9:33 (177)	11:54 (174) 0:46 (=) 9:05 (140)
176	Bev Tarry Sidmouthrunningclub 6:00	Time & posn Stage & change min/km & rank	2:09 (177) 2:09 7:24 (177)	3:38 (183) 1:29 (-6) 8:38 (177)	5:24 (179) 1:46 (+4) 8:50 (175)	6:50 (176) 1:26 (+3) 9:08 (167)	8:14 (174) 1:24 (+2) 9:13 (154)	9:22 (176) 1:08 (-2) 10:27 (198)	11:15 (176) 1:53 (=) 10:00 (192)	12:04 (176) 0:49 (=) 9:36 (158)
=	Kirstan Butler Wakefield Triathlon Club 6:00	Time & posn Stage & change min/km & rank	2:09 (177) 2:09 7:24 (177)	3:38 (183) 1:29 (-6) 8:38 (177)	5:24 (179) 1:46 (+4) 8:50 (175)	6:50 (176) 1:26 (+3) 9:08 (167)	8:14 (174) 1:24 (+2) 9:13 (154)	9:22 (176) 1:08 (-2) 10:27 (198)	11:15 (176) 1:53 (=) 10:00 (192)	12:04 (176) 0:49 (=) 9:36 (158)
178	Mark Thompson Saltwell Harriers 6:00	Time & posn Stage & change min/km & rank	2:11 (186) 2:11 7:31 (186)	3:45 (185) 1:34 (+1) 9:07 (189)	5:33 (184) 1:48 (+1) 9:00 (178)	6:56 (179) 1:23 (+5) 8:49 (155)	8:22 (178) 1:26 (+1) 9:27 (170)	9:22 (176) 1:00 (+2) 9:13 (137)	11:18 (179) 1:56 (-3) 10:15 (203)	12:13 (178) 0:55 (+1) 10:50 (186)
=	Brian Gregory 6:00	Time & posn Stage & change min/km & rank	2:09 (177) 2:09 7:24 (177)	3:32 (159) 1:23 (+18) 8:03 (152)	5:34 (185) 2:02 (-26) 10:10 (216)	6:58 (180) 1:24 (+5) 8:56 (156)	8:22 (178) 1:24 (+2) 9:13 (154)	9:25 (179) 1:03 (-1) 9:41 (165)	11:17 (178) 1:52 (+1) 9:54 (191)	12:13 (178) 0:56 (=) 11:02 (189)
180	Ian Hull 6:00	Time & posn Stage & change min/km & rank	2:15 (191) 2:15 7:45 (191)	3:50 (191) 1:35 (=) 9:13 (196)	5:44 (190) 1:54 (+1) 9:30 (190)	7:10 (189) 1:26 (+1) 9:08 (167)	8:34 (183) 1:24 (+6) 9:13 (154)	9:37 (181) 1:03 (+2) 9:41 (169)	11:23 (180) 1:46 (+1) 9:22 (164)	12:13 (180) 0:50 (=) 9:59 (169)
181	Ruth Bowles Ldwa 6:00	Time & posn Stage & change min/km & rank	2:18 (192) 2:18 7:55 (192)	3:45 (185) 1:27 (+7) 8:26 (170)	5:39 (186) 1:54 (-1) 9:30 (191)	7:04 (182) 1:25 (+4) 9:02 (160)	8:41 (184) 1:37 (-2) 10:39 (212)	9:50 (187) 1:09 (-3) 10:36 (203)	11:30 (182) 1:40 (+5) 8:50 (135)	12:20 (181) 0:50 (+1) 9:58 (167)
=	Katy Warren Reading Joggers 6:00	Time & posn Stage & change min/km & rank	2:18 (192) 2:18 7:55 (192)	3:45 (185) 1:27 (+7) 8:26 (170)	5:39 (186) 1:54 (-1) 9:30 (191)	7:04 (182) 1:25 (+4) 9:02 (160)	8:41 (184) 1:37 (-2) 10:39 (212)	9:50 (187) 1:09 (-3) 10:36 (203)	11:30 (182) 1:40 (+5) 8:50 (135)	12:20 (181) 0:50 (+1) 9:58 (167)
183	Mike Newbitt Fairwands Valley Spartans 7:00	Time & posn Stage & change min/km & rank	2:02 (141) 2:02 7:00 (141)	3:37 (182) 1:35 (-41) 9:13 (196)	5:28 (182) 1:51 (=) 9:15 (186)	7:04 (182) 1:36 (=) 10:12 (197)	8:28 (181) 1:24 (+1) 9:13 (154)	9:32 (180) 1:04 (+1) 9:50 (175)	11:24 (181) 1:52 (-1) 9:54 (185)	12:24 (183) 1:00 (-2) 11:53 (210)
184	Andrew West LDWA - Anytime/where 6:00	Time & posn Stage & change min/km & rank	2:23 (198) 2:23 8:13 (198)	4:00 (198) 1:37 (=) 9:25 (199)	5:39 (186) 1:39 (+12) 8:15 (151)	7:05 (185) 1:26 (+1) 9:08 (171)	8:32 (182) 1:27 (+3) 9:33 (173)	9:37 (181) 1:05 (+1) 10:00 (183)	11:30 (182) 1:53 (-1) 10:00 (192)	12:27 (184) 0:57 (-2) 11:12 (197)
185	David Oxley 6:00	Time & posn Stage & change min/km & rank	2:28 (202) 2:28 8:30 (202)	4:03 (200) 1:35 (+2) 9:13 (190)	5:54 (200) 1:51 (=) 9:15 (186)	7:18 (192) 1:24 (+8) 8:56 (156)	8:48 (192) 1:30 (=) 9:53 (186)	9:49 (186) 1:01 (+6) 9:23 (139)	11:36 (185) 1:47 (+1) 9:28 (173)	12:27 (185) 0:51 (=) 10:05 (173)
186	Stuart Parker 6:00	Time & posn Stage & change min/km & rank	2:28 (202) 2:28 8:30 (202)	4:03 (200) 1:35 (+2) 9:13 (190)	5:44 (190) 1:41 (+10) 8:25 (166)	7:17 (190) 1:33 (=) 9:53 (188)	8:44 (187) 1:27 (+3) 9:33 (173)	9:45 (184) 1:01 (+3) 9:23 (150)	11:37 (186) 1:52 (-2) 9:54 (188)	12:28 (186) 0:51 (=) 10:09 (175)
=	Russell Kirby 6:00	Time & posn Stage & change min/km & rank	2:28 (202) 2:28 8:30 (202)	4:03 (200) 1:35 (+2) 9:13 (190)	5:44 (190) 1:41 (+10) 8:25 (166)	7:17 (190) 1:33 (=) 9:53 (188)	8:44 (187) 1:27 (+3) 9:33 (173)	9:45 (184) 1:01 (+3) 9:23 (150)	11:37 (186) 1:52 (-2) 9:54 (188)	12:28 (186) 0:51 (=) 10:09 (175)
188	John Vernon Dark Peak Fell Runners 7:00	Time & posn Stage & change min/km & rank	2:03 (154) 2:03 7:04 (154)	3:29 (153) 1:26 (+1) 8:20 (164)	5:39 (186) 2:10 (-33) 10:50 (236)	7:21 (196) 1:42 (-10) 10:51 (216)	8:59 (198) 1:38 (-2) 10:46 (214)	9:55 (190) 0:56 (+8) 8:36 (111)	11:37 (186) 1:42 (+4) 9:01 (141)	12:31 (188) 0:54 (-2) 10:36 (180)
189	Bill McDonnell Capenhurst Rc 7:00	Time & posn Stage & change min/km & rank	1:54 (119) 1:54 6:33 (119)	3:33 (169) 1:39 (-50) 9:36 (201)	5:29 (183) 1:56 (-14) 9:40 (199)	7:09 (188) 1:40 (-5) 10:38 (204)	8:46 (189) 1:37 (-1) 10:39 (207)	9:56 (191) 1:10 (-2) 10:46 (208)	11:42 (189) 1:46 (+2) 9:22 (164)	12:38 (189) 0:56 (=) 11:08 (191)
=	John Cunnane Islwyn Running Club 7:00	Time & posn Stage & change min/km & rank	1:54 (119) 1:54 6:33 (119)	3:29 (153) 1:35 (-34) 9:13 (190)	5:20 (174) 1:51 (-21) 9:15 (188)	7:00 (181) 1:40 (-7) 10:38 (203)	8:42 (186) 1:42 (-5) 11:12 (226)	9:52 (189) 1:10 (-3) 10:46 (208)	11:42 (189) 1:50 (=) 9:44 (182)	12:38 (189) 0:56 (=) 11:08 (191)
191	Mark Cottam Holme Pierrepont Rc 6:00	Time & posn Stage & change min/km & rank	2:10 (182) 2:10 7:28 (182)	3:32 (159) 1:22 (+23) 7:57 (184)	5:14 (168) 1:42 (-9) 8:30 (172)	6:50 (176) 1:36 (-8) 10:12 (197)	8:22 (178) 1:32 (-2) 10:06 (191)	9:38 (183) 1:16 (-5) 11:41 (233)	11:50 (194) 2:12 (-11) 11:40 (228)	12:44 (191) 0:54 (+3) 10:37 (181)
192	Andy Weston 7:00	Time & posn Stage & change min/km & rank	2:13 (187) 2:13 7:38 (187)	3:55 (194) 1:42 (-7) 9:54 (206)	5:50 (195) 1:55 (-1) 9:35 (196)	7:21 (196) 1:31 (-1) 9:40 (183)	8:56 (193) 1:35 (+3) 10:26 (195)	9:58 (192) 1:02 (+1) 9:32 (159)	11:42 (189) 1:44 (+3) 9:12 (155)	12:49 (192) 1:07 (-3) 13:16 (234)
=	Joe Avery Tra 7:00	Time & posn Stage & change min/km & rank	2:13 (187) 2:13 7:38 (187)	3:55 (194) 1:42 (-7) 9:54 (206)	5:50 (195) 1:55 (-1) 9:35 (196)	7:21 (196) 1:31 (-1) 9:40 (183)	8:56 (193) 1:35 (+3) 10:26 (195)	9:58 (192) 1:02 (+1) 9:32 (159)	11:42 (189) 1:44 (+3) 9:12 (155)	12:49 (192) 1:07 (-3) 13:16 (234)
=	Nuala Laird Ldwa 7:00	Time & posn Stage & change min/km & rank	2:13 (187) 2:13 7:38 (187)	3:55 (194) 1:42 (-7) 9:54 (206)	5:50 (195) 1:55 (-1) 9:35 (196)	7:20 (195) 1:30 (=) 9:34 (182)	8:56 (193) 1:36 (+2) 10:32 (197)	9:58 (192) 1:02 (+1) 9:32 (159)	11:42 (189) 1:44 (+3) 9:12 (155)	12:49 (192) 1:07 (-3) 13:16 (234)
195	Helen Woodburn-Moran Kimberworth Striders 6:00	Time & posn Stage & change min/km & rank	2:19 (194) 2:19 7:59 (194)	3:50 (191) 1:31 (+3) 8:50 (184)	5:45 (193) 1:55 (-2) 9:35 (193)	7:18 (192) 1:33 (+1) 9:53 (188)	8:56 (193) 1:38 (-1) 10:46 (214)	10:04 (195) 1:08 (-2) 10:27 (194)	12:05 (195) 2:01 (=) 10:42 (216)	13:02 (195) 0:57 (=) 11:16 (198)
196	Raymond Matthews Maltby Running Club 6:00	Time & posn Stage & change min/km & rank	2:19 (194) 2:19 7:59 (194)	3:50 (191) 1:31 (+3) 8:50 (184)	5:45 (193) 1:55 (-2) 9:35 (193)	7:18 (192) 1:33 (+1) 9:53 (188)	8:57 (197) 1:39 (-5) 10:52 (218)	10:04 (195) 1:07 (+2) 10:18 (192)	12:06 (196) 2:02 (-1) 10:47 (218)	13:05 (196) 0:59 (=) 11:43 (209)
197	Amanda Parnaby Ilkley Harriers 6:00	Time & posn Stage & change min/km & rank	2:19 (194) 2:19 7:59 (194)	4:00 (198) 1:41 (-4) 9:48 (204)	5:50 (195) 1:50 (+3) 9:10 (183)	7:25 (199) 1:35 (-4) 10:06 (193)	9:01 (199) 1:36 (=) 10:32 (197)	10:09 (197) 1:08 (+2) 10:27 (194)	12:13 (197) 2:04 (=) 10:58 (219)	13:14 (197) 1:01 (=) 11:59 (216)
=	Edwina Hill Glossop 6:00	Time & posn Stage & change min/km & rank	2:10 (182) 2:10 7:28 (182)	3:48 (189) 1:38 (-7) 9:30 (200)	5:50 (195) 2:02 (-6) 10:10 (214)	7:25 (199) 1:35 (-4) 10:06 (193)	9:01 (199) 1:36 (=) 10:32 (197)	10:09 (197) 1:08 (+2) 10:27 (194)	12:13 (197) 2:04 (=) 10:58 (219)	13:14 (197) 1:01 (=) 11:59 (216)
199	Roy Hodgkinson LDWA 6:00	Time & posn Stage & change min/km & rank	2:38 (211) 2:38 9:04 (211)	4:20 (208) 1:42 (+3) 9:54 (209)	6:22 (210) 2:02 (-2) 10:10 (216)	8:03 (207) 1:41 (+3) 10:44 (211)	9:28 (206) 1:25 (+1) 9:20 (167)	10:32 (202) 1:04 (+4) 9:50 (175)	12:24 (200) 1:52 (+2) 9:54 (185)	13:15 (199) 0:51 (+1) 10:00 (170)
200	Rebecca Chesmore 6:00	Time & posn Stage & change min/km & rank	2:22 (197) 2:22 8:09 (197)	4:03 (200) 1:41 (-3) 9:48 (204)	6:04 (203) 2:01 (-3) 10:05 (212)	7:47 (202) 1:43 (+1) 10:57 (218)	9:15 (201) 1:28 (+1) 9:40 (179)	10:26 (201) 1:11 (=) 10:55 (215)	12:20 (199) 1:54 (+2) 10:05 (195)	13:15 (200) 0:55 (-1) 10:49 (185)
201	Maria Ann Rafferty 6:00	Time & posn Stage & change min/km & rank	2:31 (207) 2:31 8:40 (207)	4:20 (208) 1:49 (-1) 10:34 (224)	6:15 (206) 1:55 (+2) 9:35 (193)	7:48 (204) 1:33 (+2) 9:53 (186)	9:25 (202) 1:37 (+2) 10:39 (207)	10:33 (204) 1:08 (-2) 10:27 (198)	12:27 (204) 1:54 (=) 10:05 (199)	13:21 (201) 0:54 (+3) 10:42 (182)
=	John Turner LDWA 6:00	Time & posn Stage & change min/km & rank	2:44 (218) 2:44 9:25 (218)	4:23 (213) 1:39 (+5) 9:36 (201)	6:15 (206) 1:52 (+7) 9:20 (189)	7:48 (204) 1:33 (+2) 9:53 (186)	9:25 (202) 1:37 (+2) 10:39 (207)	10:33 (204) 1:08 (-2) 10:27 (198)	12:27 (204) 1:54 (=) 10:05 (199)	13:21 (201) 0:54 (+3) 10:42 (182)
203	David Shepherd Totley AC 6:00	Time & posn Stage & change min/km & rank	2:33 (209) 2:33 8:47 (209)	4:08 (205) 1:35 (+4) 9:13 (190)	6:16 (208) 2:08 (-3) 10:40 (226)	8:10 (218) 1:54 (-10) 12:07 (237)	9:42 (208) 1:32 (+10) 10:06 (191)	10:43 (208) 1:01 (=) 9:23 (139)	12:31 (207) 1:48 (+1) 9:33 (175)	13:22 (203) 0:51 (+4) 10:04 (171)

Pos'n.	Name Club start time	total distance stage length	Grange	Treeton	Harthill	Woodsetts	Firbeck	Maltby	Old Denaby	Finish
			17.4 km 17.4	27.7 km 10.3	39.7 km 12	49.1 km 9.4	58.2 km 9.1	64.7 km 6.5	76 km 11.3	81.1 km 5.1
=	Don Longley Totley A.C. 6:00	Time & posn	2:33 (209)	4:08 (205)	6:16 (208)	8:10 (218)	9:42 (208)	10:43 (208)	12:31 (207)	13:22 (203)
		Stage & change min/km & rank	2:33 8:47 (209)	1:35 (+4) 9:13 (190)	2:08 (-3) 10:40 (226)	1:54 (-10) 12:07 (237)	1:32 (+10) 10:06 (191)	1:01 (=) 9:23 (139)	1:48 (+1) 9:33 (175)	1:41 (+1) 10:04 (171)
205	John Dutton Saddleworth Runners 6:00	Time & posn	2:13 (187)	3:45 (185)	5:56 (202)	7:47 (202)	9:27 (205)	10:34 (206)	12:28 (206)	13:22 (205)
		Stage & change min/km & rank	2:13 7:38 (187)	1:32 (+2) 8:55 (187)	2:11 (-17) 10:55 (237)	1:51 (=) 11:48 (234)	1:40 (-3) 10:59 (225)	1:07 (-1) 10:18 (192)	1:54 (=) 10:05 (195)	1:52 (+1) 10:44 (184)
206	John Forsyth Skyrac 6:00	Time & posn	2:42 (212)	4:29 (214)	6:28 (211)	8:03 (207)	9:28 (206)	10:32 (202)	12:24 (200)	13:24 (206)
		Stage & change min/km & rank	2:42 9:18 (212)	1:47 (-2) 10:23 (219)	1:59 (+3) 9:55 (202)	1:35 (+4) 10:06 (193)	1:25 (+1) 9:20 (167)	1:04 (+4) 9:50 (175)	1:52 (+2) 9:54 (185)	1:00 (-6) 11:53 (210)
207	Katherine Moggach 6:00	Time & posn	2:04 (161)	3:32 (159)	5:22 (175)	7:05 (185)	8:47 (190)	10:09 (197)	12:25 (202)	13:27 (207)
		Stage & change min/km & rank	2:04 7:07 (161)	1:28 (+2) 8:32 (174)	1:50 (-16) 9:10 (184)	1:43 (-10) 10:57 (221)	1:42 (-5) 11:12 (226)	1:22 (-7) 12:36 (239)	2:16 (-5) 12:02 (233)	1:02 (-5) 12:16 (228)
=	Mark Palmer 6:00	Time & posn	2:04 (161)	3:32 (159)	5:22 (175)	7:05 (185)	8:47 (190)	10:09 (197)	12:25 (202)	13:27 (207)
		Stage & change min/km & rank	2:04 7:07 (161)	1:28 (+2) 8:32 (174)	1:50 (-16) 9:10 (184)	1:43 (-10) 10:57 (221)	1:42 (-5) 11:12 (226)	1:22 (-7) 12:36 (239)	2:16 (-5) 12:02 (233)	1:02 (-5) 12:16 (228)
209	Philippa O'Callaghan 6:00	Time & posn	2:45 (225)	4:29 (214)	6:29 (214)	8:09 (210)	9:45 (210)	10:56 (210)	12:42 (209)	13:38 (209)
		Stage & change min/km & rank	2:45 9:28 (225)	1:44 (+11) 10:05 (210)	2:00 (=) 10:00 (205)	1:40 (+4) 10:38 (204)	1:36 (=) 10:32 (197)	1:11 (=) 10:55 (215)	1:46 (+1) 9:22 (164)	1:56 (=) 11:08 (191)
=	Cyril Williams LDWA - Merseystride 6:00	Time & posn	2:44 (218)	4:29 (214)	6:29 (214)	8:09 (210)	9:46 (216)	10:56 (210)	12:42 (209)	13:38 (209)
		Stage & change min/km & rank	2:44 9:25 (218)	1:45 (+4) 10:11 (212)	2:00 (=) 10:00 (205)	1:40 (+4) 10:38 (204)	1:37 (-6) 10:46 (208)	1:10 (+6) 10:56 (210)	1:46 (+1) 9:22 (164)	0:56 (=) 11:08 (191)
211	Jill Green 6:00	Time & posn	2:44 (218)	4:29 (214)	6:29 (214)	8:09 (210)	9:45 (210)	10:56 (210)	12:52 (213)	13:54 (211)
		Stage & change min/km & rank	2:44 9:25 (218)	1:45 (+4) 10:11 (212)	2:00 (=) 10:00 (205)	1:40 (+4) 10:38 (204)	1:36 (=) 10:32 (197)	1:11 (=) 10:55 (215)	1:57 (-5) 10:21 (207)	1:01 (+4) 12:00 (219)
=	Jim Catchpole LDWA Essex Herts 6:00	Time & posn	2:44 (218)	4:29 (214)	6:29 (214)	8:09 (210)	9:45 (210)	10:56 (210)	12:52 (213)	13:54 (211)
		Stage & change min/km & rank	2:44 9:25 (218)	1:45 (+4) 10:11 (212)	2:00 (=) 10:00 (205)	1:40 (+4) 10:38 (204)	1:36 (=) 10:32 (197)	1:11 (=) 10:55 (215)	1:56 (-3) 10:15 (203)	1:02 (+2) 12:12 (226)
213	Iain Haigh Ldwa 6:00	Time & posn	2:42 (212)	4:29 (214)	6:29 (214)	8:09 (210)	9:46 (216)	10:56 (210)	12:52 (213)	13:54 (213)
		Stage & change min/km & rank	2:42 9:18 (212)	1:47 (-2) 10:23 (219)	2:00 (=) 10:00 (205)	1:40 (+4) 10:38 (204)	1:37 (-6) 10:39 (207)	1:10 (+6) 10:46 (208)	1:56 (-3) 10:15 (203)	1:02 (=) 12:14 (227)
=	Sue Manley 6:00	Time & posn	2:42 (212)	4:29 (214)	6:29 (214)	8:09 (210)	9:45 (210)	10:56 (210)	12:53 (215)	13:54 (213)
		Stage & change min/km & rank	2:42 9:18 (212)	1:47 (-2) 10:23 (219)	2:00 (=) 10:00 (205)	1:40 (+4) 10:38 (204)	1:36 (=) 10:32 (197)	1:11 (=) 10:55 (215)	1:57 (-5) 10:21 (207)	1:01 (+2) 12:03 (221)
=	Michael Abbott Ldwa - The Irregulars 6:00	Time & posn	2:43 (216)	4:29 (214)	6:28 (211)	8:09 (210)	9:45 (210)	10:56 (210)	12:50 (211)	13:54 (213)
		Stage & change min/km & rank	2:43 9:22 (216)	1:46 (+2) 10:17 (216)	1:59 (+3) 9:55 (202)	1:41 (+1) 10:44 (211)	1:36 (=) 10:32 (197)	1:11 (=) 10:55 (215)	1:54 (-1) 10:05 (195)	1:04 (-2) 12:38 (230)
=	Brian Campbell Ldwa - The Irregulars 6:00	Time & posn	2:43 (216)	4:29 (214)	6:28 (211)	8:09 (210)	9:45 (210)	10:56 (210)	12:50 (211)	13:54 (213)
		Stage & change min/km & rank	2:43 9:22 (216)	1:46 (+2) 10:17 (216)	1:59 (+3) 9:55 (202)	1:41 (+1) 10:44 (211)	1:36 (=) 10:32 (197)	1:11 (=) 10:55 (215)	1:54 (-1) 10:05 (195)	1:04 (-2) 12:38 (230)
217	Chris Sanders LDWA - Staffs 6:00	Time & posn	2:44 (218)	4:20 (208)	6:29 (214)	8:14 (220)	9:52 (220)	10:58 (219)	12:56 (217)	13:56 (217)
		Stage & change min/km & rank	2:44 9:25 (218)	1:36 (+10) 9:19 (198)	2:09 (-6) 10:45 (228)	1:45 (-6) 11:10 (227)	1:38 (=) 10:46 (214)	1:06 (+1) 10:09 (190)	1:58 (+2) 10:26 (211)	1:00 (=) 11:56 (215)
218	Roger Petherbridge Ldwa 6:00	Time & posn	2:47 (227)	4:42 (229)	6:50 (234)	8:31 (228)	9:59 (224)	11:02 (221)	13:03 (219)	14:00 (218)
		Stage & change min/km & rank	2:47 9:35 (227)	1:55 (-2) 11:09 (239)	2:08 (-5) 10:40 (224)	1:41 (+6) 10:44 (214)	1:28 (+4) 9:40 (176)	1:03 (+3) 9:41 (169)	2:01 (+2) 10:42 (214)	0:57 (+1) 11:10 (195)
=	Barry Bray Ldwa 6:00	Time & posn	2:47 (227)	4:42 (229)	6:50 (234)	8:31 (228)	9:59 (224)	11:02 (221)	13:03 (219)	14:00 (218)
		Stage & change min/km & rank	2:47 9:35 (227)	1:55 (-2) 11:09 (239)	2:08 (-5) 10:40 (224)	1:41 (+6) 10:44 (214)	1:28 (+4) 9:40 (176)	1:03 (+3) 9:41 (169)	2:01 (+2) 10:42 (214)	0:57 (+1) 11:10 (195)
220	Michael J Rice 6:00	Time & posn	2:42 (212)	4:33 (223)	6:35 (222)	8:14 (220)	9:52 (220)	11:06 (224)	13:03 (219)	14:01 (220)
		Stage & change min/km & rank	2:42 9:18 (212)	1:51 (-11) 10:46 (232)	2:02 (+1) 10:10 (214)	1:39 (+2) 10:31 (202)	1:38 (=) 10:46 (214)	1:14 (-4) 11:23 (223)	1:57 (+5) 10:21 (207)	0:58 (-1) 11:28 (200)
=	Luis Broz 6:00	Time & posn	2:50 (232)	4:42 (229)	6:39 (224)	8:15 (223)	9:59 (224)	11:07 (225)	13:03 (219)	14:01 (220)
		Stage & change min/km & rank	2:50 9:46 (232)	1:52 (+3) 10:52 (234)	1:57 (+5) 9:45 (201)	1:36 (+1) 10:12 (197)	1:44 (-1) 11:25 (231)	1:08 (-1) 10:27 (198)	1:56 (+6) 10:15 (203)	0:58 (-1) 11:28 (200)
=	Gerry Garland 6:00	Time & posn	3:00 (243)	4:45 (240)	6:48 (230)	8:25 (224)	9:56 (223)	11:05 (223)	13:03 (219)	14:01 (220)
		Stage & change min/km & rank	3:00 10:20 (243)	1:45 (+3) 10:11 (215)	2:03 (+10) 10:15 (220)	1:37 (+6) 10:19 (200)	1:31 (+1) 10:00 (188)	1:09 (=) 10:36 (203)	1:58 (+4) 11:28 (211)	0:58 (-1) 11:28 (200)
223	James Mchugh Merseyside Ldwa 6:00	Time & posn	2:48 (230)	4:42 (229)	6:51 (236)	8:36 (233)	10:16 (231)	11:26 (227)	13:38 (225)	14:36 (223)
		Stage & change min/km & rank	2:48 9:39 (230)	1:54 (+1) 11:04 (237)	2:09 (-7) 10:45 (229)	1:45 (+3) 11:10 (225)	1:40 (+2) 10:59 (219)	1:10 (+4) 10:46 (208)	2:12 (+2) 11:40 (229)	0:58 (+2) 11:29 (203)
=	Ian Scott 6:00	Time & posn	2:24 (200)	4:03 (200)	6:12 (205)	8:05 (209)	9:52 (220)	10:56 (210)	13:38 (225)	14:36 (223)
		Stage & change min/km & rank	2:24 8:16 (200)	1:39 (=) 9:36 (201)	2:09 (-5) 10:45 (229)	1:53 (-4) 12:01 (236)	1:47 (-11) 11:45 (234)	1:04 (+10) 9:50 (175)	2:42 (-15) 14:20 (241)	0:58 (+2) 11:29 (203)
=	Roy Turner Ldwa 6:00	Time & posn	2:47 (227)	4:42 (229)	6:48 (230)	8:31 (228)	10:11 (228)	11:26 (227)	13:38 (225)	14:36 (223)
		Stage & change min/km & rank	2:47 9:35 (227)	1:55 (-2) 11:09 (239)	2:06 (-1) 10:30 (222)	1:43 (+2) 10:57 (223)	1:40 (=) 10:59 (219)	1:15 (+1) 11:32 (224)	2:12 (+2) 11:40 (229)	0:58 (+2) 11:29 (203)
=	Brian Hastings 6:00	Time & posn	2:48 (230)	4:42 (229)	6:51 (236)	8:36 (233)	10:16 (231)	11:26 (227)	13:37 (224)	14:36 (223)
		Stage & change min/km & rank	2:48 9:39 (230)	1:54 (+1) 11:04 (237)	2:09 (-7) 10:45 (229)	1:45 (+3) 11:10 (225)	1:40 (+2) 10:59 (219)	1:10 (+4) 10:46 (208)	2:11 (+3) 11:35 (226)	0:59 (+1) 11:41 (208)
=	Paul Tipper 6:00	Time & posn	2:53 (242)	4:40 (227)	6:42 (226)	8:25 (224)	10:11 (228)	11:26 (227)	13:38 (225)	14:36 (223)
		Stage & change min/km & rank	2:53 9:56 (242)	1:47 (+15) 10:23 (222)	2:02 (+1) 10:10 (216)	1:43 (+2) 10:57 (218)	1:46 (-4) 11:38 (232)	1:15 (+1) 11:32 (224)	2:12 (+2) 11:40 (229)	0:58 (+2) 11:29 (203)
=	Terry Griffiths LDWA - Vermuyden 6:00	Time & posn	2:52 (239)	4:40 (227)	6:42 (226)	8:25 (224)	10:11 (228)	11:27 (231)	13:38 (225)	14:36 (223)
		Stage & change min/km & rank	2:52 9:53 (239)	1:48 (+12) 10:29 (223)	2:02 (+1) 10:10 (216)	1:43 (+2) 10:57 (218)	1:46 (-4) 11:38 (232)	1:16 (-3) 11:41 (229)	2:11 (+6) 11:35 (226)	0:58 (+2) 11:29 (203)
229	John Astbury 6:00	Time & posn	2:51 (233)	4:35 (224)	6:48 (230)	8:37 (235)	10:17 (233)	11:32 (232)	13:42 (230)	14:42 (229)
		Stage & change min/km & rank	2:51 9:49 (233)	1:44 (+9) 10:05 (210)	2:13 (-6) 11:05 (239)	1:49 (-5) 11:35 (229)	1:40 (+2) 10:59 (219)	1:15 (+1) 11:32 (227)	2:10 (+2) 11:30 (223)	1:00 (+1) 11:55 (212)
=	David Motloch Ldwa Vermuyden 6:00	Time & posn	2:51 (233)	4:42 (229)	6:48 (230)	8:37 (235)	10:17 (233)	11:32 (232)	13:42 (230)	14:42 (229)
		Stage & change min/km & rank	2:51 9:49 (233)	1:51 (+4) 10:46 (228)	2:06 (-1) 10:30 (222)	1:49 (-5) 11:35 (229)	1:40 (+2) 10:59 (219)	1:15 (+1) 11:32 (227)	2:10 (+2) 11:30 (223)	1:00 (+1) 11:55 (212)
231	Sandra Scott Helm Hill Runners 6:00	Time & posn	2:31 (207)	4:20 (208)	6:39 (224)	8:25 (224)	10:05 (227)	11:35 (236)	13:43 (233)	14:44 (231)
		Stage & change min/km & rank	2:31 8:40 (207)	1:49 (-1) 10:34 (224)	2:19 (-16) 11:35 (242)	1:46 (=) 11:16 (228)	1:40 (-3) 10:59 (219)	1:30 (-9) 13:50 (242)	2:08 (+3) 11:19 (221)	1:01 (+2) 12:04 (222)
232	John Clarke (Essex) Springfield Striders 6:00	Time & posn	2:29 (205)	4:15 (207)	6:11 (204)	7:55 (206)	9:48 (219)	11:09 (226)	13:43 (233)	14:56 (232)
		Stage & change min/km & rank	2:29 8:33 (205)	1:46 (-2) 10:17 (216)	1:56 (+3) 9:40 (200)	1:44 (-7) 11:03 (224)	1:53 (-13) 12:25 (241)	1:21 (-7) 12:27 (238)	2:34 (-7) 13:37 (240)	1:13 (+1) 14:26 (239)

Pos'n.	Name Club start time	total distance stage length	Grange	Treeton	Harthill	Woodsetts	Firbeck	Maltby	Old Denaby	Finish
			17.4 km 17.4	27.7 km 10.3	39.7 km 12	49.1 km 9.4	58.2 km 9.1	64.7 km 6.5	76 km 11.3	81.1 km 5.1
233	Andrew Gilbertson	Time & posn	2:44 (218)	4:35 (224)	6:45 (228)	8:35 (231)	10:17 (233)	11:33 (234)	13:42 (230)	15:05 (233)
		Stage & change min/km & rank	2:44 9:25 (218)	1:51 (-6) 10:46 (232)	2:10 (-4) 10:50 (235)	1:50 (-3) 11:42 (232)	1:42 (-2) 11:12 (226)	1:16 (-1) 11:41 (229)	2:09 (+4) 11:24 (222)	1:23 (-3) 16:23 (241)
=	Gillian Howe	Time & posn	2:44 (218)	4:42 (229)	6:45 (228)	8:35 (231)	10:18 (236)	11:33 (234)	13:43 (233)	15:05 (233)
		Stage & change min/km & rank	2:44 9:25 (218)	1:58 (-11) 11:27 (242)	2:03 (+1) 10:15 (221)	1:50 (-3) 11:42 (232)	1:43 (-5) 11:19 (230)	1:15 (+2) 11:32 (224)	2:10 (+1) 11:30 (225)	1:22 (=) 16:11 (240)
235	Jane Guest	Time & posn	2:51 (233)	4:42 (229)	6:51 (236)	8:48 (239)	10:37 (238)	11:54 (237)	14:10 (237)	15:11 (235)
		Stage & change min/km & rank	2:51 9:49 (233)	1:51 (+4) 10:46 (228)	2:09 (-7) 10:45 (229)	1:57 (-3) 12:26 (239)	1:49 (+1) 11:58 (237)	1:17 (+1) 11:50 (234)	2:16 (=) 12:02 (233)	1:01 (+2) 12:06 (223)
=	Elaine Dee	Time & posn	2:51 (233)	4:42 (229)	6:51 (236)	8:48 (239)	10:38 (240)	11:54 (237)	14:10 (237)	15:11 (235)
		Stage & change min/km & rank	2:51 9:49 (233)	1:51 (+4) 10:46 (228)	2:09 (-7) 10:45 (229)	1:57 (-3) 12:26 (239)	1:50 (-1) 12:05 (239)	1:16 (+3) 11:41 (229)	2:16 (=) 12:02 (233)	1:01 (+2) 13:06 (223)
=	Kathryn Dee	Time & posn	2:51 (233)	4:42 (229)	6:51 (236)	8:48 (239)	10:37 (238)	11:54 (237)	14:10 (237)	15:11 (235)
		Stage & change min/km & rank	2:51 9:49 (233)	1:51 (+4) 10:46 (228)	2:09 (-7) 10:45 (229)	1:57 (-3) 12:26 (239)	1:49 (+1) 11:58 (237)	1:17 (+1) 11:50 (234)	2:16 (=) 12:02 (233)	1:01 (+2) 12:06 (223)
238	Henry Marston Rotherham Harriers & AC	Time & posn	2:23 (198)	3:55 (194)	5:55 (201)	7:30 (201)	9:25 (202)	10:35 (207)	14:00 (236)	15:11 (238)
		Stage & change min/km & rank	2:23 8:13 (198)	1:32 (+4) 8:55 (187)	2:00 (-7) 10:00 (205)	1:35 (=) 10:06 (193)	1:55 (-1) 12:38 (242)	1:10 (-5) 10:46 (207)	3:25 (-29) 18:08 (242)	1:11 (-2) 14:05 (238)
239	Sam Meadows	Time & posn	2:46 (226)	4:35 (224)	6:36 (223)	8:14 (220)	9:47 (218)	10:58 (219)	12:59 ()	15:16 (239)
		Stage & change min/km & rank	2:46 9:32 (226)	1:49 (+2) 10:34 (224)	2:01 (+1) 10:05 (212)	1:38 (+3) 10:25 (201)	1:33 (+2) 10:13 (194)	1:11 (-1) 10:55 (214)	2:01 () 10:43 ()	2:16 () 2:48 (242)
240	Tom Hughes	Time & posn	2:52 (239)	4:45 (240)	6:57 (241)	8:46 (238)	10:38 (240)	11:54 (237)	14:10 (237)	15:18 (240)
		Stage & change min/km & rank	2:52 9:53 (239)	1:53 (-1) 10:58 (235)	2:12 (-1) 11:00 (238)	1:49 (+3) 11:35 (229)	1:52 (-2) 12:18 (240)	1:16 (+3) 11:41 (229)	2:16 (=) 12:02 (233)	1:08 (-3) 13:20 (237)
241	Paul Williams	Time & posn	2:52 (239)	4:45 (240)	7:02 (242)	8:53 (242)	10:40 (242)	11:58 (241)	14:13 (241)	15:18 (241)
		Stage & change min/km & rank	2:52 9:53 (239)	1:53 (-1) 10:58 (235)	2:17 (-2) 11:25 (241)	1:51 (=) 11:48 (235)	1:47 (=) 11:45 (235)	1:18 (+1) 12:00 (236)	2:15 (=) 11:56 (232)	1:05 (=) 12:47 (232)
=	Mark Haynes Ldwa	Time & posn	2:30 (206)	4:20 (208)	6:33 (221)	8:45 (237)	10:32 (237)	11:58 (241)	14:17 (242)	15:18 (241)
		Stage & change min/km & rank	2:30 8:37 (206)	1:50 (-2) 10:40 (227)	2:13 (-13) 11:05 (239)	2:12 (-16) 14:02 (242)	1:47 (=) 11:45 (235)	1:26 (-4) 13:13 (241)	2:19 (-1) 12:18 (239)	1:01 (+1) 12:00 (218)
243	John Hughes LDWA - Vermuyden	Time & posn	2:51 (233)	4:45 (240)	6:57 (241)	8:46 (238)	10:37 (238)	11:54 (237)	14:10 (237)	15:19 (243)
		Stage & change min/km & rank	2:51 9:49 (233)	1:54 (-7) 11:04 (239)	2:12 (-1) 11:00 (238)	1:49 (+3) 11:35 (229)	1:51 (=) 12:11 (240)	1:17 (+1) 11:50 (234)	2:16 (=) 12:02 (233)	1:09 (-6) 13:35 (238)
244	Barrie Bedford Barnsley AC	Time & posn	2:21 (197)	4:00 (198)	6:21 (210)	8:19 (224)	9:59 (224)	11:17 (227)	13:50 (236)	15:19 (243)
		Stage & change min/km & rank	2:21 8:06 (197)	1:39 (-1) 9:36 (201)	2:21 (-12) 11:45 (243)	1:58 (-14) 12:33 (242)	1:40 (=) 10:59 (219)	1:18 (-3) 12:00 (238)	2:33 (-9) 13:32 (240)	1:29 (-7) 17:35 (242)
=	Margaret Littlelyke	Time & posn	2:50 (232)	4:42 (229)	6:58 (242)	8:42 (237)	10:35 (238)	11:50 (237)	14:16 (242)	15:19 (243)
		Stage & change min/km & rank	2:50 9:46 (232)	1:52 (+3) 10:52 (234)	2:16 (-13) 11:20 (241)	1:44 (+5) 11:03 (225)	1:53 (-1) 12:25 (241)	1:15 (+1) 11:32 (224)	2:26 (-5) 12:55 (240)	1:03 (-1) 12:30 (230)
=	Sharon Ellis	Time & posn	2:51 (233)	4:45 (240)	6:58 (242)	8:42 (237)	10:35 (238)	11:50 (237)	14:16 (242)	15:19 (243)
		Stage & change min/km & rank	2:51 9:49 (233)	1:54 (-7) 11:04 (239)	2:13 (-2) 11:05 (239)	1:44 (+5) 11:03 (225)	1:53 (-1) 12:25 (241)	1:15 (+1) 11:32 (224)	2:26 (-5) 12:55 (240)	1:03 (-1) 12:30 (230)
=	Jes Bains	Time & posn	2:51 (233)	4:42 (229)	6:58 (242)	8:42 (237)	10:35 (238)	11:50 (237)	14:16 (242)	15:19 (243)
		Stage & change min/km & rank	2:51 9:49 (233)	1:51 (+4) 10:46 (228)	2:16 (-13) 11:20 (241)	1:44 (+5) 11:03 (225)	1:53 (-1) 12:25 (241)	1:15 (+1) 11:32 (224)	2:26 (-5) 12:55 (240)	1:03 (-1) 12:30 (230)
=	Marcus Wilson	Time & posn	2:52 (239)	4:45 (240)	6:58 (242)	8:42 (237)	10:35 (238)	11:50 (237)	14:16 (242)	15:19 (243)
		Stage & change min/km & rank	2:52 9:53 (239)	1:53 (-1) 10:58 (235)	2:13 (-2) 11:05 (239)	1:44 (+5) 11:03 (225)	1:53 (-1) 12:25 (241)	1:15 (+1) 11:32 (224)	2:26 (-5) 12:55 (240)	1:03 (-1) 12:30 (230)
249	Ian Hetherington Rotherham H & AC	Time & posn	2:48 (230)	4:42 (229)	7:02 (242)	8:56 (243)	10:48 (243)	12:04 (243)	14:14 (242)	15:23 (243)
		Stage & change min/km & rank	2:48 9:39 (230)	1:54 (+1) 11:04 (237)	2:20 (-13) 11:40 (243)	1:54 (-1) 12:07 (239)	1:52 (=) 12:18 (240)	1:16 (=) 11:41 (233)	2:10 (+1) 11:30 (225)	1:09 (-1) 13:35 (238)
=	Tammy Whatley	Time & posn	2:48 (230)	4:45 (240)	7:02 (242)	8:56 (243)	10:46 (243)	12:05 (243)	14:14 (242)	15:23 (243)
		Stage & change min/km & rank	2:48 9:39 (230)	1:57 (-10) 11:21 (242)	2:17 (-2) 11:25 (241)	1:54 (-1) 12:07 (239)	1:50 (=) 12:05 (239)	1:19 (=) 12:09 (238)	2:09 (+1) 11:24 (222)	1:09 (-1) 13:35 (238)
251	Ben Hague	Time & posn	2:48 (230)	4:42 (229)	7:02 (242)	8:56 (243)	10:46 (243)	12:05 (243)	14:14 (242)	15:23 (243)
		Stage & change min/km & rank	2:48 9:39 (230)	1:54 (+1) 11:04 (237)	2:20 (-13) 11:40 (243)	1:54 (-1) 12:07 (239)	1:50 (=) 12:05 (239)	1:19 (=) 12:09 (238)	2:09 (+1) 11:24 (222)	1:09 (-1) 13:38 (238)
=	Alicia Hague	Time & posn	2:50 (232)	4:45 (240)	7:02 (242)	8:56 (243)	10:48 (243)	12:05 (243)	14:14 (242)	15:23 (243)
		Stage & change min/km & rank	2:50 9:46 (232)	1:55 (-8) 11:09 (239)	2:17 (-2) 11:25 (241)	1:54 (-1) 12:07 (239)	1:52 (=) 12:18 (240)	1:17 (=) 11:50 (236)	2:09 (+1) 11:24 (222)	1:09 (-1) 13:38 (238)
253	Helena Skinn Valley Hill Runners	Time & posn	2:29 (205)	4:15 (207)	6:41 (226)	8:45 (237)	10:29 (237)	11:53 (237)	14:14 (242)	15:24 (243)
		Stage & change min/km & rank	2:29 8:33 (205)	1:46 (-2) 10:17 (216)	2:26 (-19) 12:10 (243)	2:04 (-11) 13:11 (242)	1:44 (=) 11:25 (231)	1:24 (=) 12:55 (241)	2:21 (-5) 14:28 (240)	1:10 (-1) 13:49 (238)
=	Judith Mallon Valley Hill Runners	Time & posn	2:29 (205)	4:15 (207)	6:41 (226)	8:45 (237)	10:29 (237)	11:53 (237)	14:14 (242)	15:24 (243)
		Stage & change min/km & rank	2:29 8:33 (205)	1:46 (-2) 10:17 (216)	2:26 (-19) 12:10 (243)	2:04 (-11) 13:11 (242)	1:44 (=) 11:25 (231)	1:24 (=) 12:55 (241)	2:21 (-5) 14:28 (240)	1:10 (-1) 13:49 (238)
=	Liz Westby Valley Hill	Time & posn	2:29 (205)	4:15 (207)	6:41 (226)	8:45 (237)	10:29 (237)	11:53 (237)	14:14 (242)	15:24 (243)
		Stage & change min/km & rank	2:29 8:33 (205)	1:46 (-2) 10:17 (216)	2:26 (-19) 12:10 (243)	2:04 (-11) 13:11 (242)	1:44 (=) 11:25 (231)	1:24 (=) 12:55 (241)	2:21 (-5) 14:28 (240)	1:10 (-1) 13:49 (238)
=	Mark Kemp Valley Hill Runners	Time & posn	2:29 (205)	4:15 (207)	6:41 (226)	8:45 (237)	10:29 (237)	11:53 (237)	14:14 (242)	15:24 (243)
		Stage & change min/km & rank	2:29 8:33 (205)	1:46 (-2) 10:17 (216)	2:26 (-19) 12:10 (243)	2:04 (-11) 13:11 (242)	1:44 (=) 11:25 (231)	1:24 (=) 12:55 (241)	2:21 (-5) 14:28 (240)	1:10 (-1) 13:49 (238)
257	Leslie Findley	Time & posn	2:46 (226)	4:42 (229)	6:51 (236)	8:36 (233)	10:19 (237)	11:33 (234)	14:00 (236)	15:38 (243)
		Stage & change min/km & rank	2:46 9:32 (226)	1:56 (-3) 11:15 (242)	2:09 (-7) 10:45 (229)	1:45 (+3) 11:10 (225)	1:43 (-4) 11:19 (231)	1:14 (+3) 11:23 (223)	2:27 (-2) 13:00 (240)	1:38 (-7) 19:17 (242)
=	Chris Walford	Time & posn	2:46 (226)	4:42 (229)	6:51 (236)	8:36 (233)	10:19 (237)	11:33 (234)	14:00 (236)	15:38 (243)
		Stage & change min/km & rank	2:46 9:32 (226)	1:56 (-3) 11:15 (242)	2:09 (-7) 10:45 (229)	1:45 (+3) 11:10 (225)	1:43 (-4) 11:19 (231)	1:14 (+3) 11:23 (223)	2:27 (-2) 13:00 (240)	1:38 (-7) 19:17 (242)
259	Beryl-Anne Massey	Time & posn	2:51 (233)	5:05 (243)	7:19 (243)	9:37 (243)	11:14 (243)	12:43 (243)	15:01 (243)	16:11 (243)
		Stage & change min/km & rank	2:51 9:49 (233)	2:14 (-10) 13:00 (243)	2:14 (-10) 11:10 (241)	2:18 (=) 14:40 (243)	1:37 (=) 10:39 (207)	1:29 (=) 13:41 (242)	2:18 (=) 12:12 (239)	1:20 (=) 13:53 (238)
=	Raymond James Rogers Peel Road Runners	Time & posn	3:07 (244)	5:05 (243)	7:19 (243)	9:37 (243)	11:13 (243)	12:43 (243)	15:00 (243)	16:11 (243)
		Stage & change min/km & rank	3:07 10:44 (244)	1:58 (+1) 11:27 (242)	2:14 (=) 11:10 (241)	2:18 (=) 14:40 (243)	1:36 (=) 10:32 (197)	1:30 (=) 13:50 (242)	2:17 (=) 12:07 (239)	1:11 (=) 14:05 (238)
=	Martyn Candy Peel Road Runners	Time & posn	3:02 (244)	5:05 (243)	7:19 (243)	9:37 (243)	11:13 (243)	12:43 (243)	15:00 (243)	16:11 (243)
		Stage & change min/km & rank	3:02 10:27 (244)	2:03 (+1) 11:56 (243)	2:14 (=) 11:10 (241)	2:18 (=) 14:40 (243)	1:36 (=) 10:32 (197)	1:30 (=) 13:50 (242)	2:17 (=) 12:07 (239)	1:11 (=) 14:05 (238)
=	David Michael Evans	Time & posn	2:46 (226)	4:42 (229)	7:05 (243)	9:09 (243)	11:03 (243)	12:28 (243)	15:01 (243)	16:11 (243)
		Stage & change min/km & rank	2:46 9:32 (226)	1:56 (-3) 11:15 (242)	2:23 (-14) 11:55 (243)	2:04 (=) 13:11 (242)	1:54 (=) 12:31 (242)	1:25 (=) 13:04 (241)	2:33 (=) 13:32 (240)	1:10 (=) 13:53 (238)
=	Chris Hopkinson	Time & posn	2:18 (192)	4:05 (205)	6:22 (210)	8:35 (231)	10:34 (238)	12:08 (243)	15:01 (243)	16:11 (243)
		Stage & change	2:18	1:47 (-13)	2:17 (-5)	2:13 (-21)	1:59 (-7)	1:34 (-5)	2:53 (=)	1:10 (=)

